

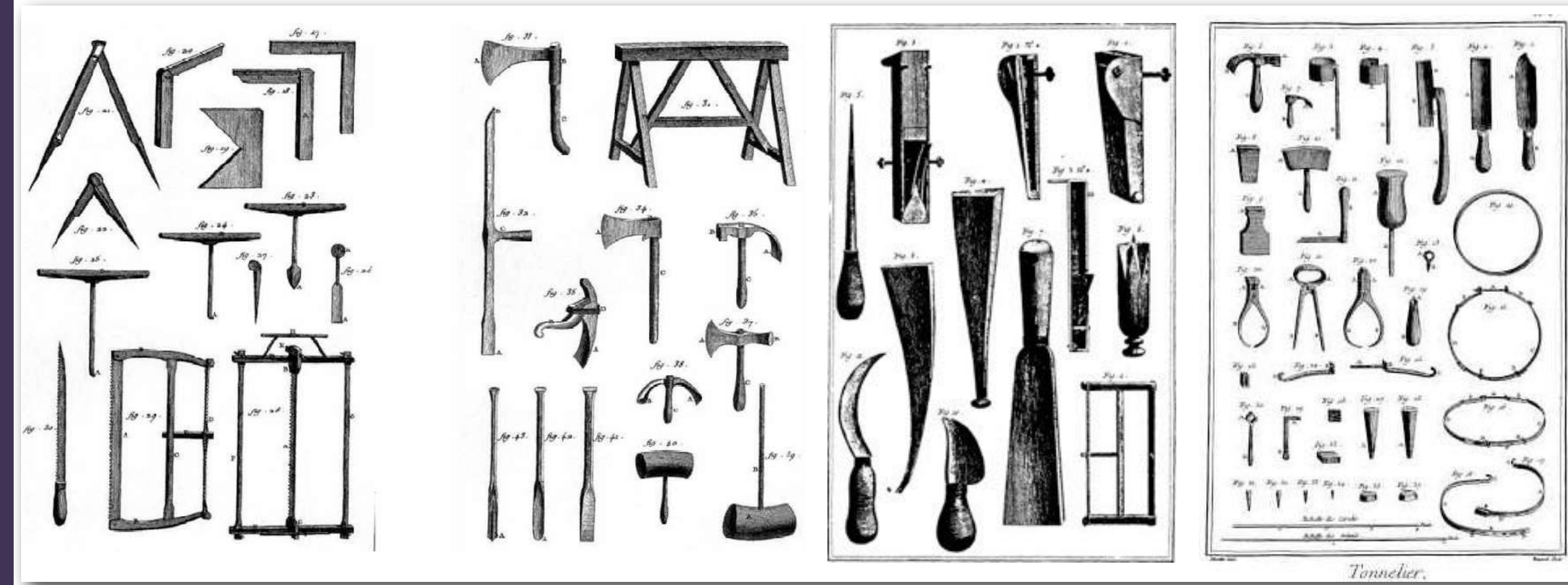
Instrumental Interaction

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MIT Master Class - 10 july 2024

Interaction in the real world
is mediated by tools



L'encyclopédie - Diderot & d'Alembert, 1751-1772

Humans are the only species
that creates tools to shape
their environment

Traces of tools have been
found as far back as 3.3
million years

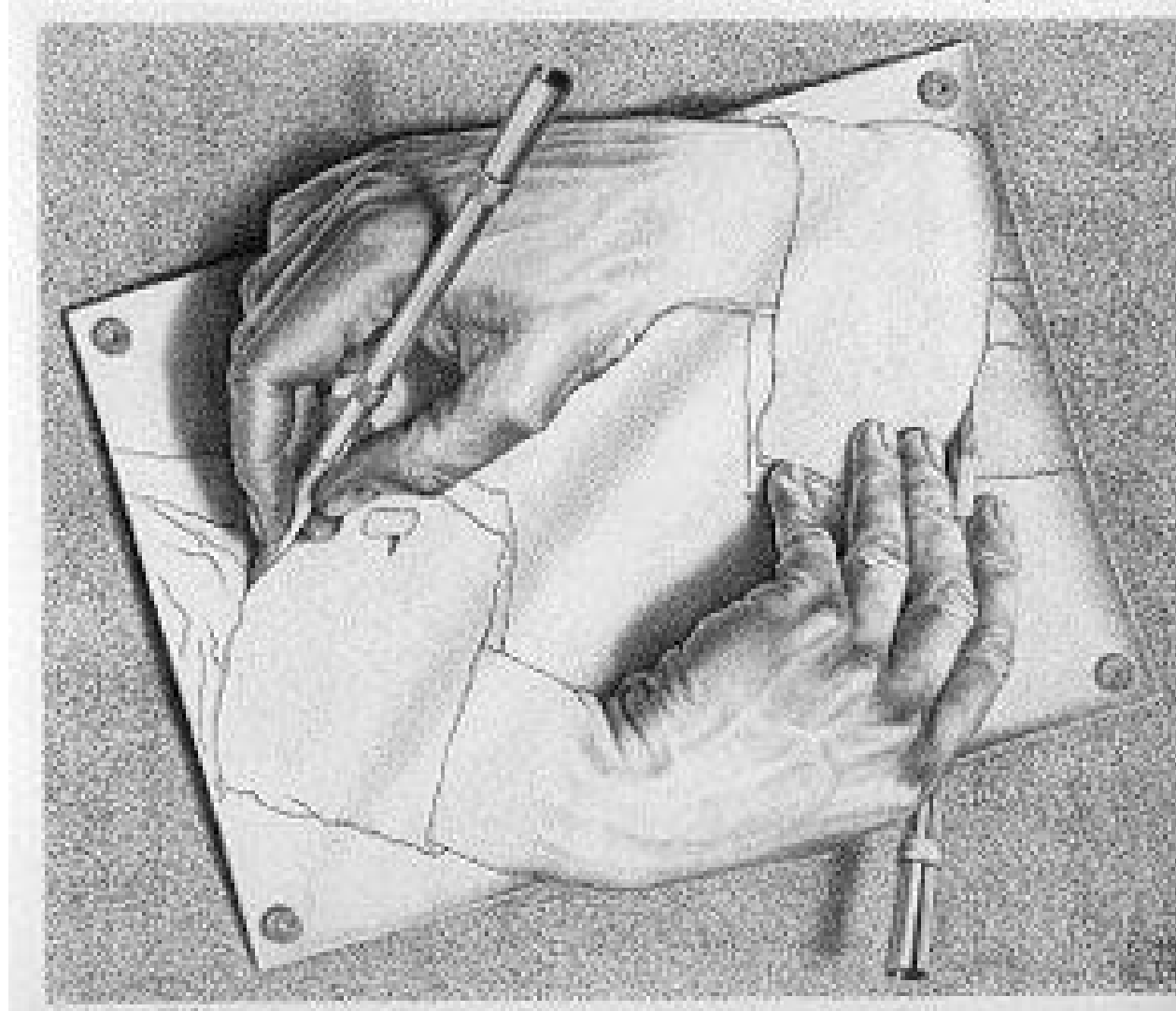


2001, A Space Odyssey



Sonia Harmand, anthropologist

We use tools to shape
our environment



We use tools to shape
our environment

We learn to use tools
(and instruments)
even if it is difficult

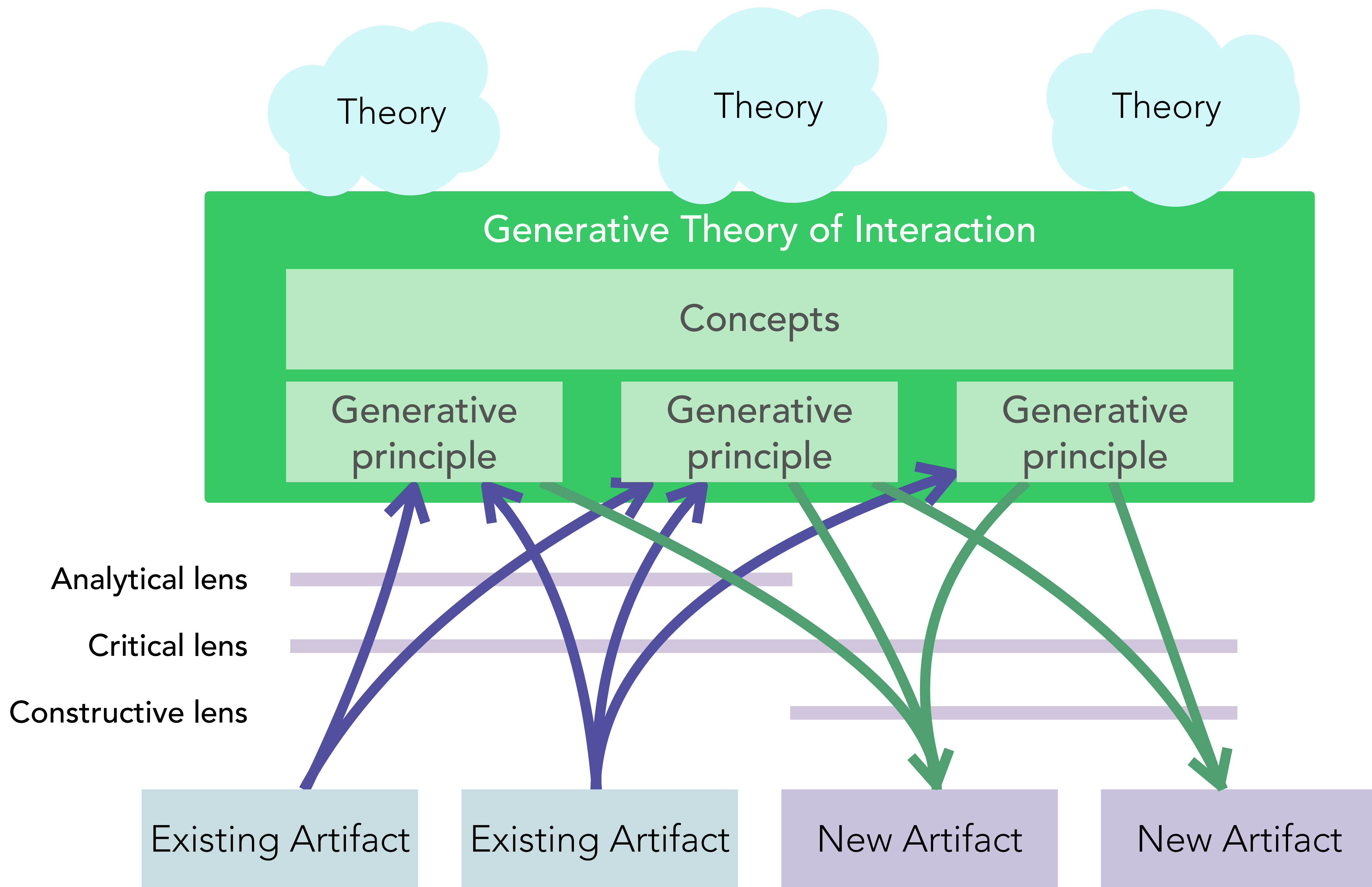




Can we leverage our ability to create and use tools to interact with the digital world?



“Computers are like a bicycle for our minds”
Steve Jobs



Theory

Theory

Theory

A bit of psychology

Theory of affordances

Perceptual learning

Technical reasoning

Exercise 1

What can you do with a pencil?

List as many uses as you can (at least **20!**)



Exercise 1

What can you do with a pencil?

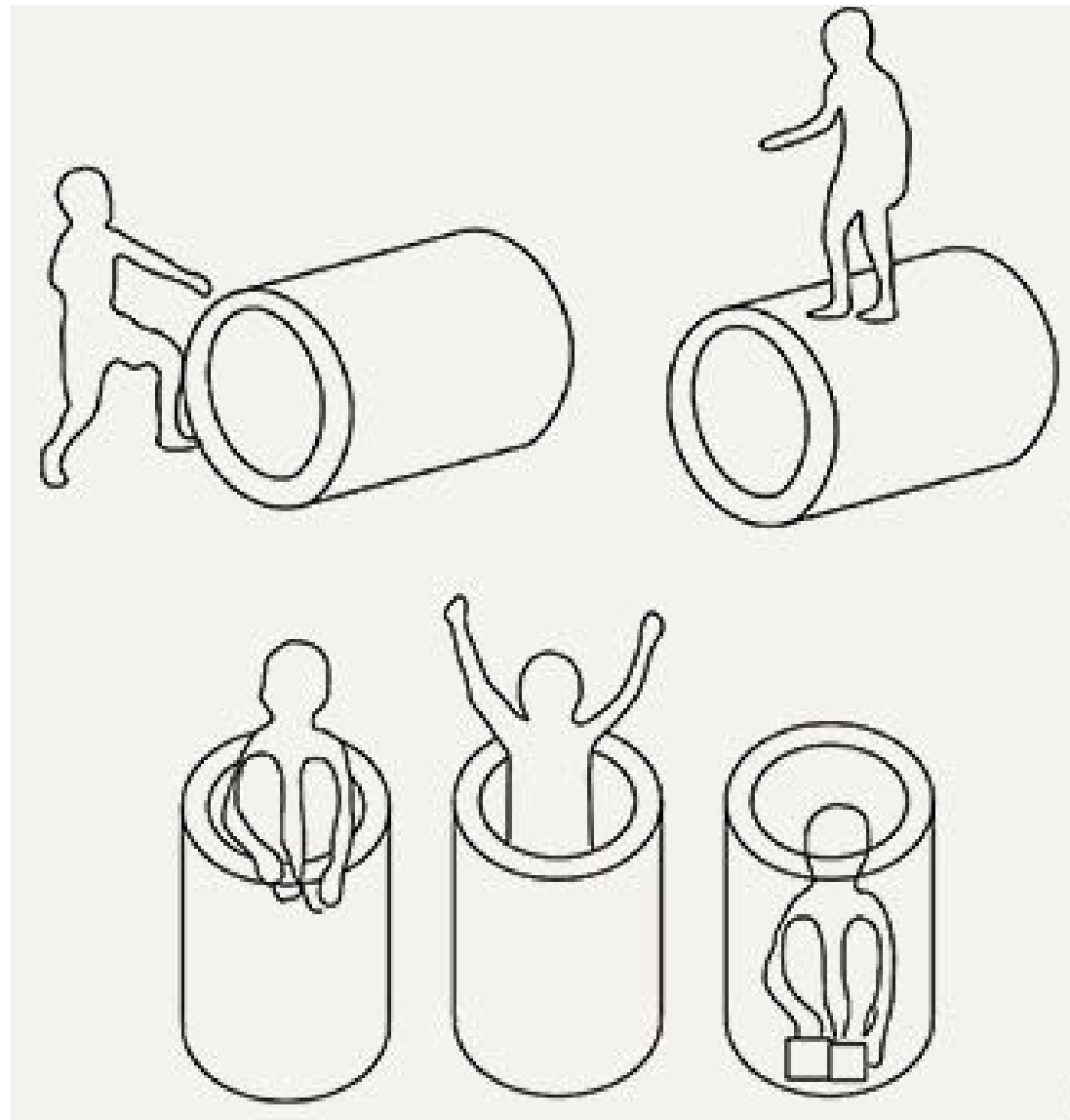
List as many uses as you can (at least **20!**)

What are the relevant properties for each use?

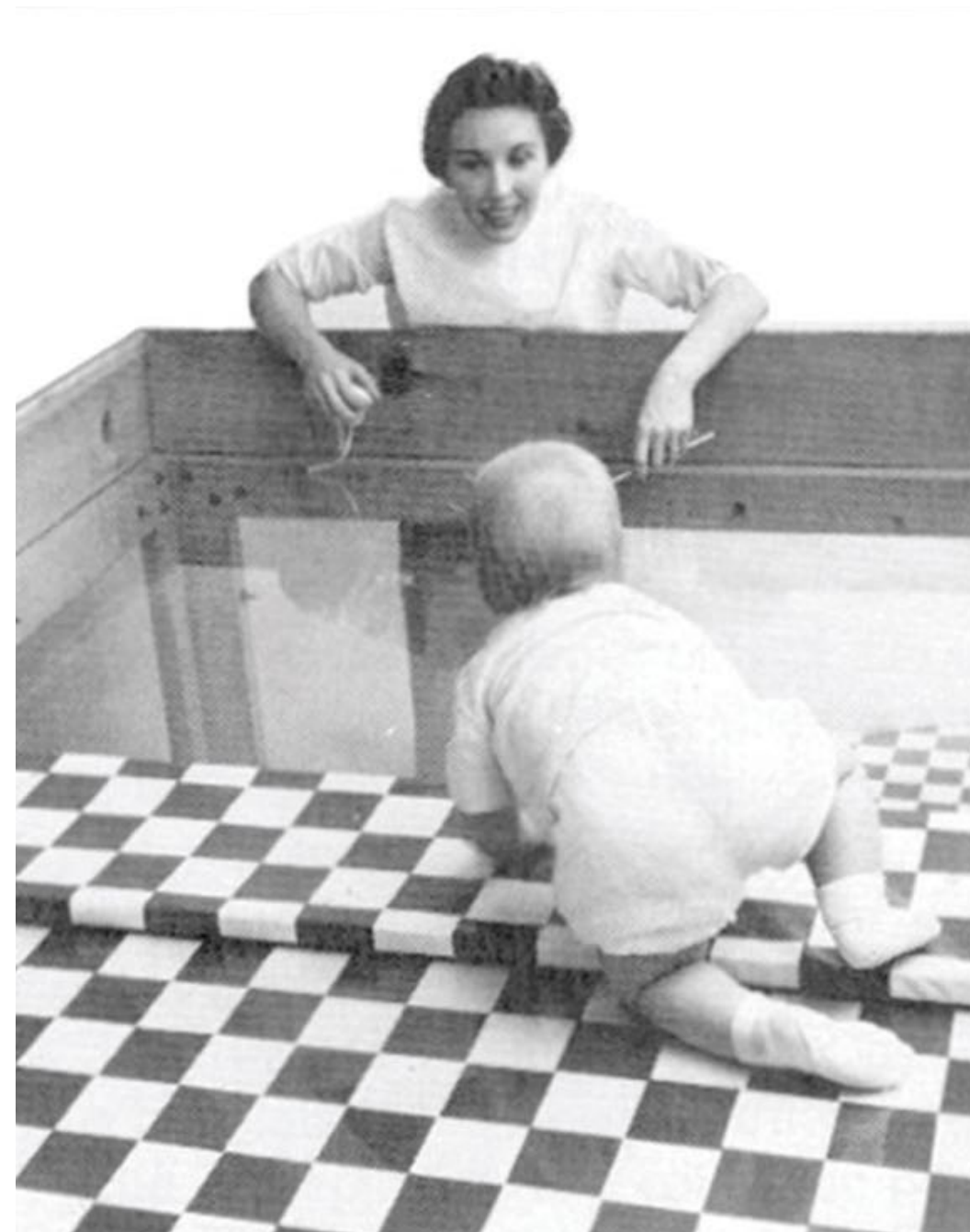




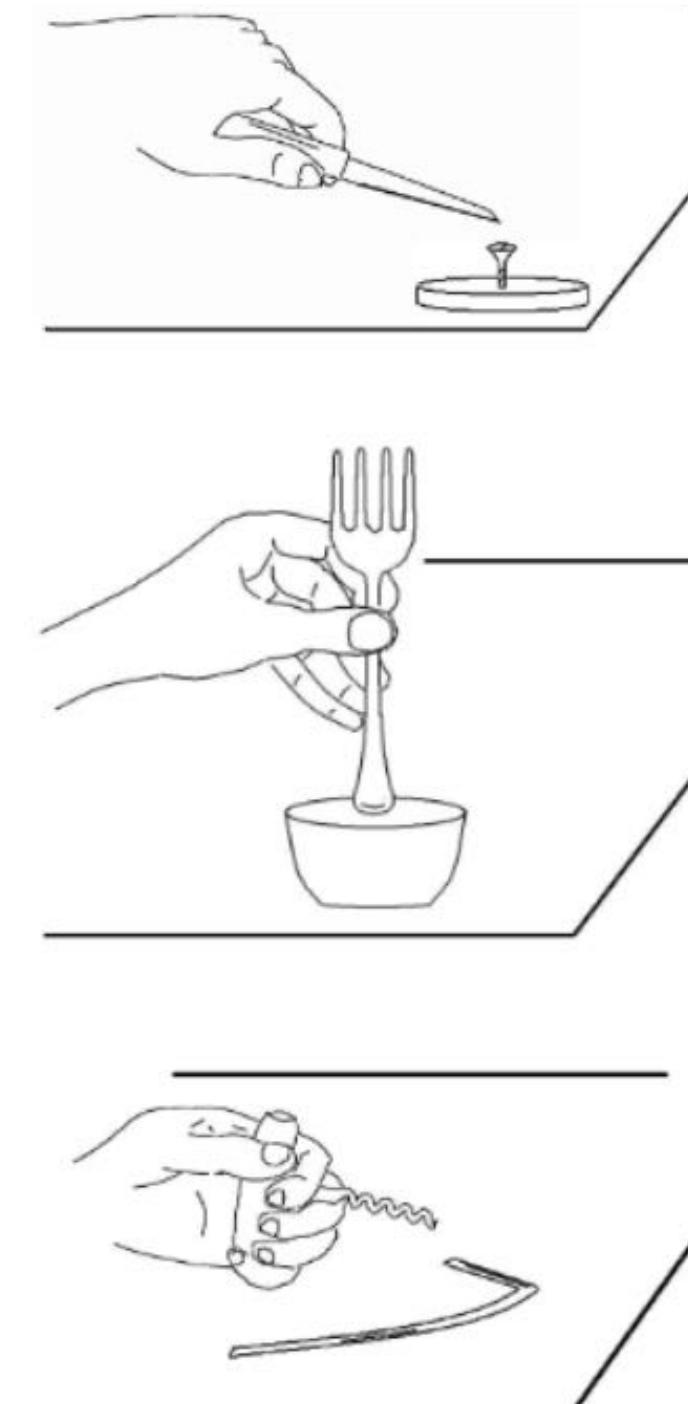
James Gibson
Affordances



Eleanor Gibson
Perceptual learning



François Osiurak
Technical reasoning



Theory of affordances

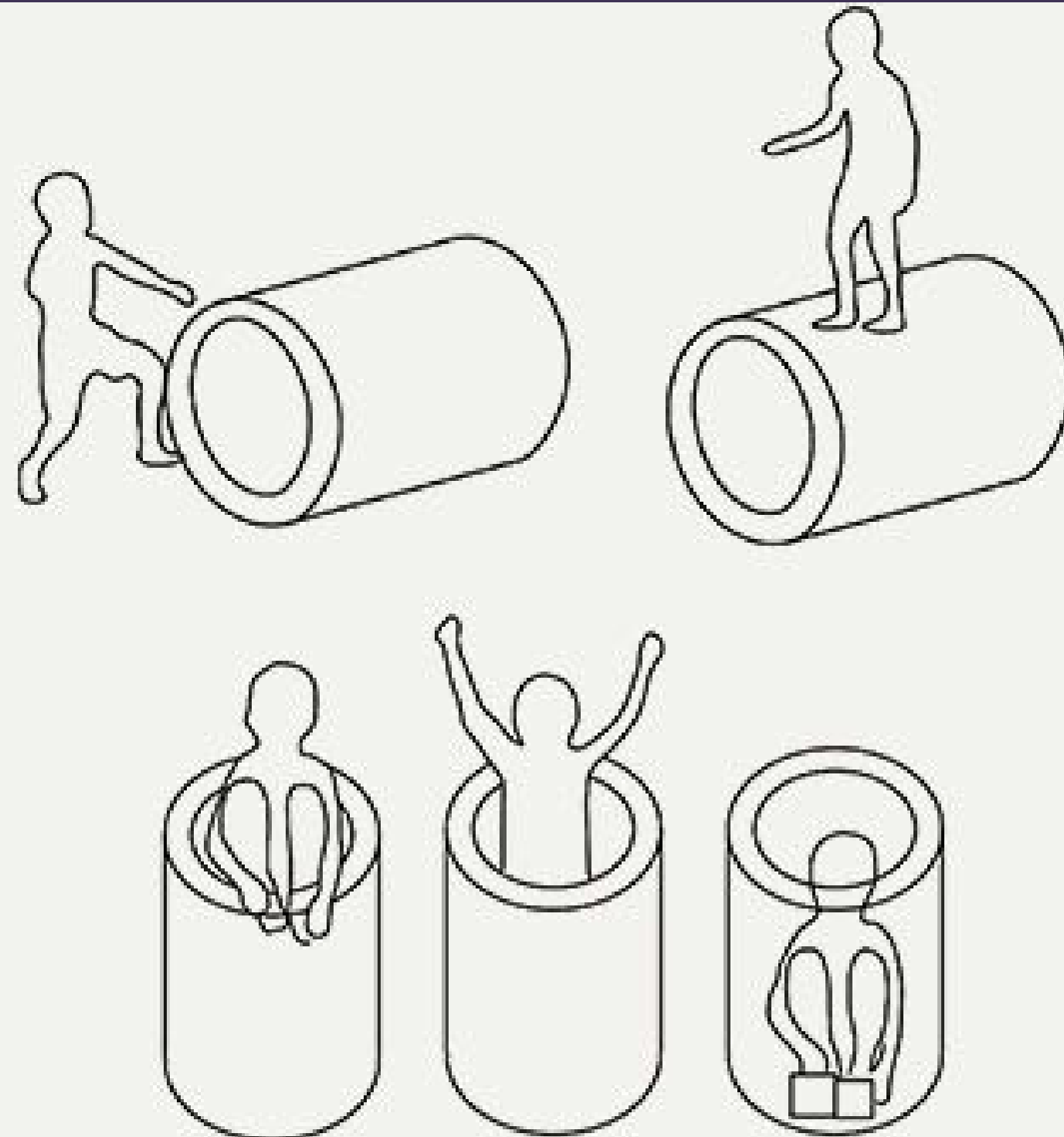
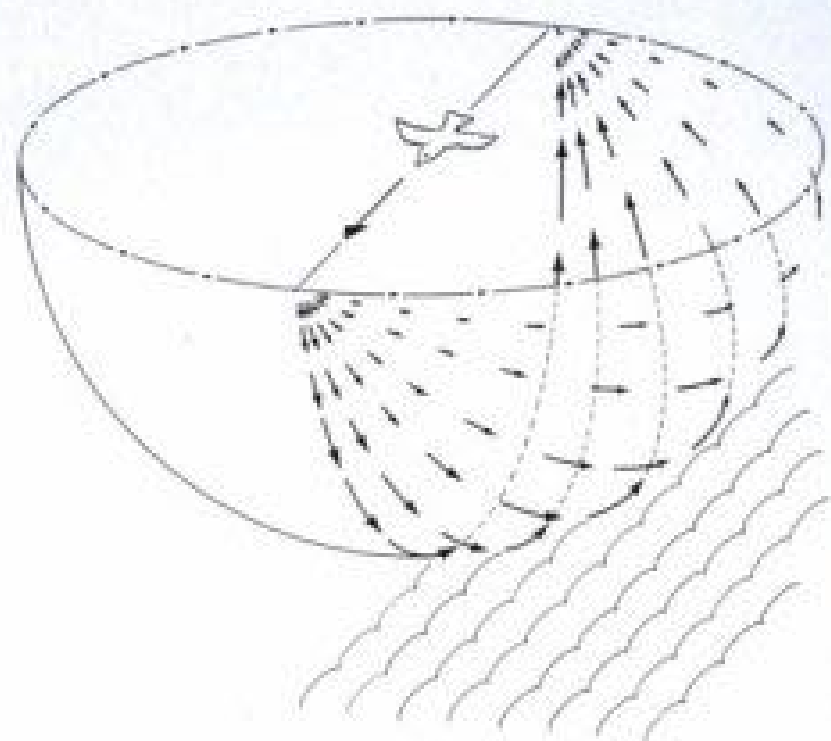
James Gibson

“The affordances of the environment are what it offers the animal, what it provides or furnishes, either for good or ill”

“a specific combination of the properties of its substance and its surfaces taken with reference to an animal”

THE ECOLOGICAL APPROACH
TO VISUAL PERCEPTION

James J. Gibson

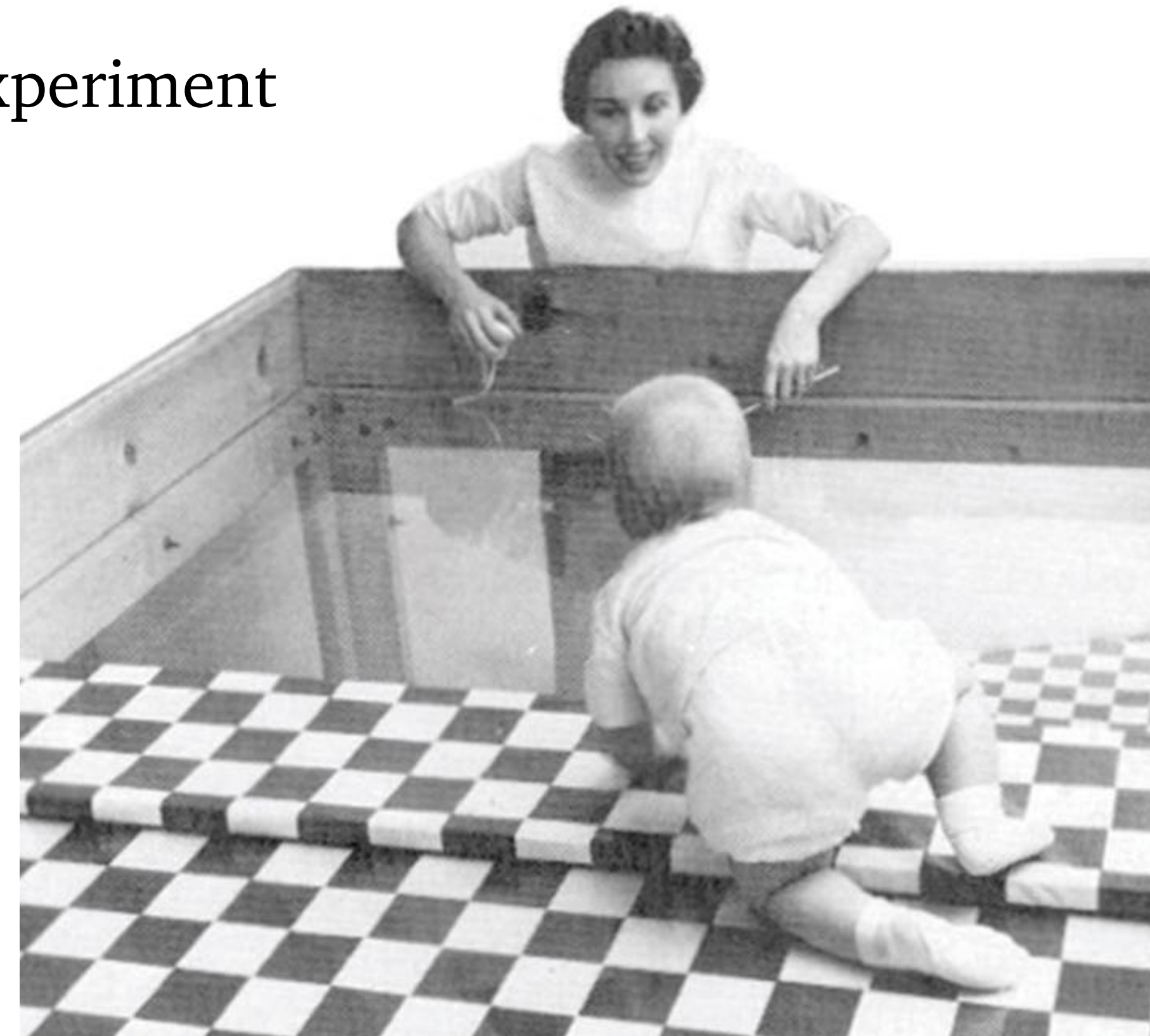


Perceptual learning

Eleanor Gibson

“We perceive to learn,
as well as learn to perceive”





Visual cliff experiment



Perception of affordances

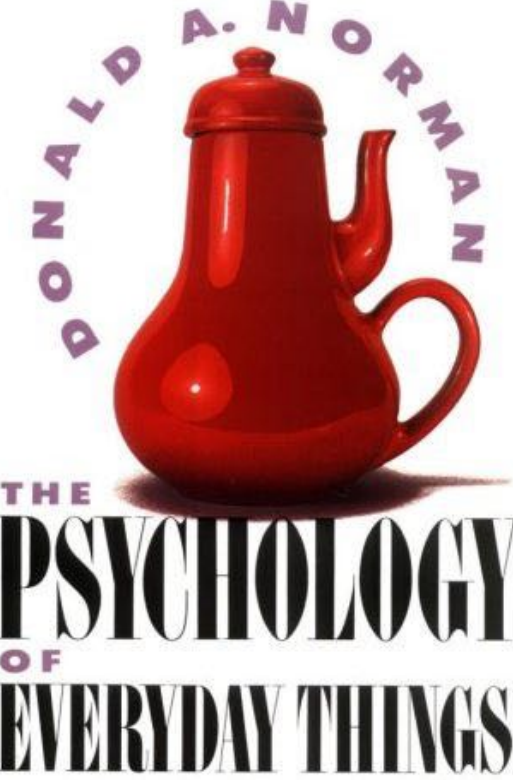
Perception	Not perceived	Hidden affordance	Correct rejection	
	Perceived	Perceivable affordance	False affordance	
		Present	Affordance	Absent

Perception of affordances

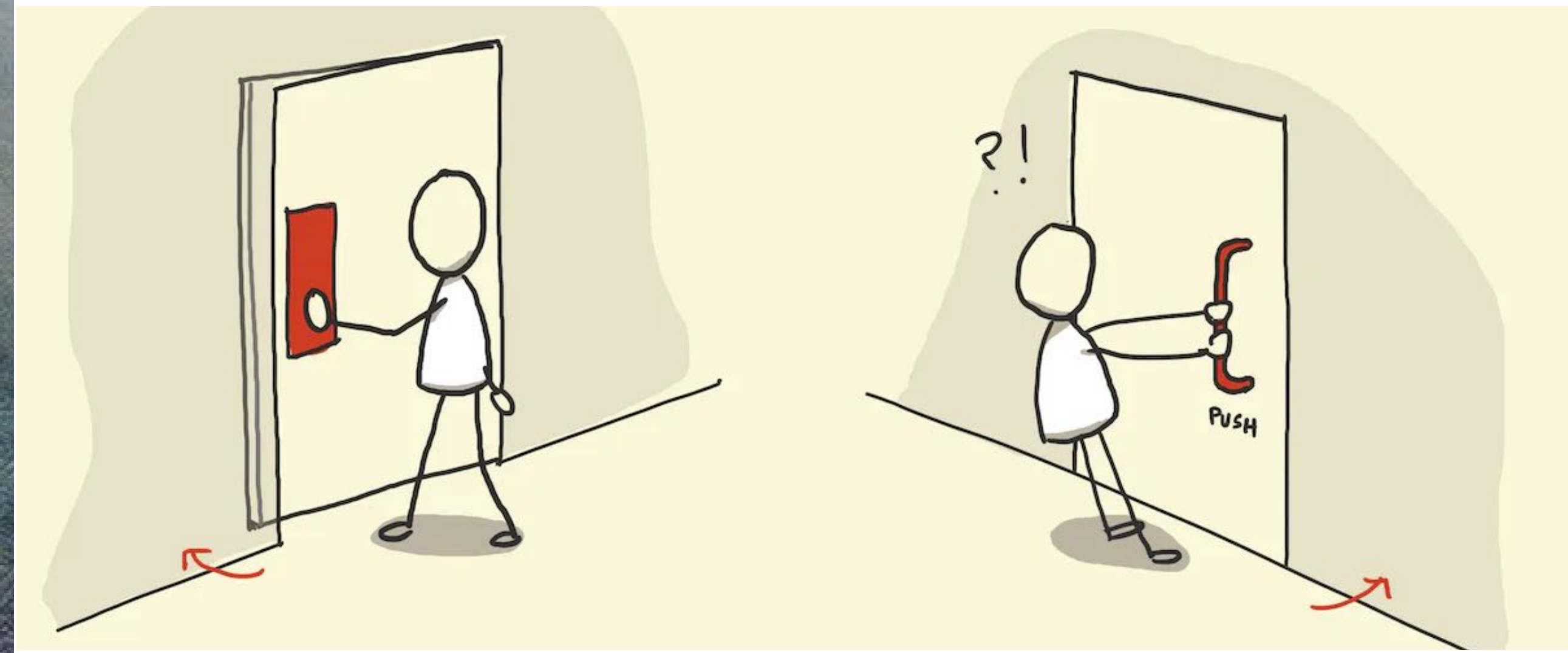
Perception		
Perceived		
	Present	Absent
	Affordance	

Signifiers

Don Norman



“Affordances define what actions are possible. Signifiers specify how people discover those possibilities: signifiers are signs, perceptible signals of what can be done. Signifiers are of far more importance to designers than are affordances.”



Affordances vs. signifiers

Signifier	Not present	Hidden affordance	Correct rejection
	Present	Perceivable affordance	False affordance
		Present	Absent
		Affordance	

Affordances vs. signifiers

Signifier	Not present	a link a button	not a link not a button
	Present	a link a button	not a link not a button
		Present	Absent
		Affordance	

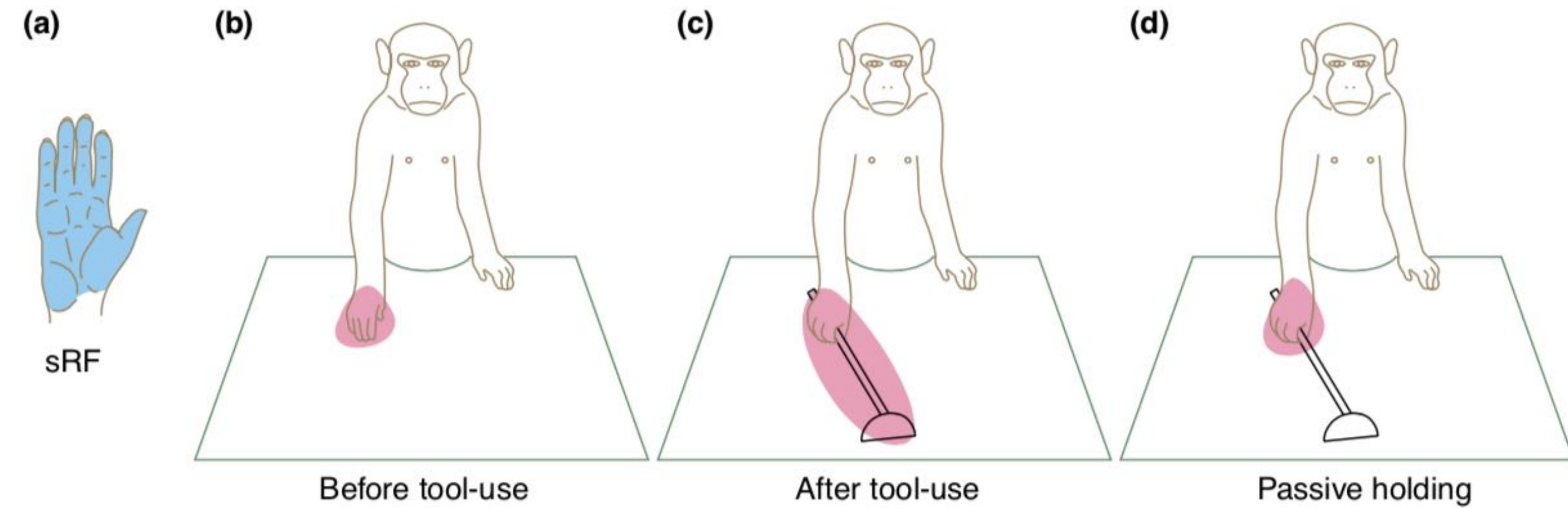
Affordances and tools

James Gibson

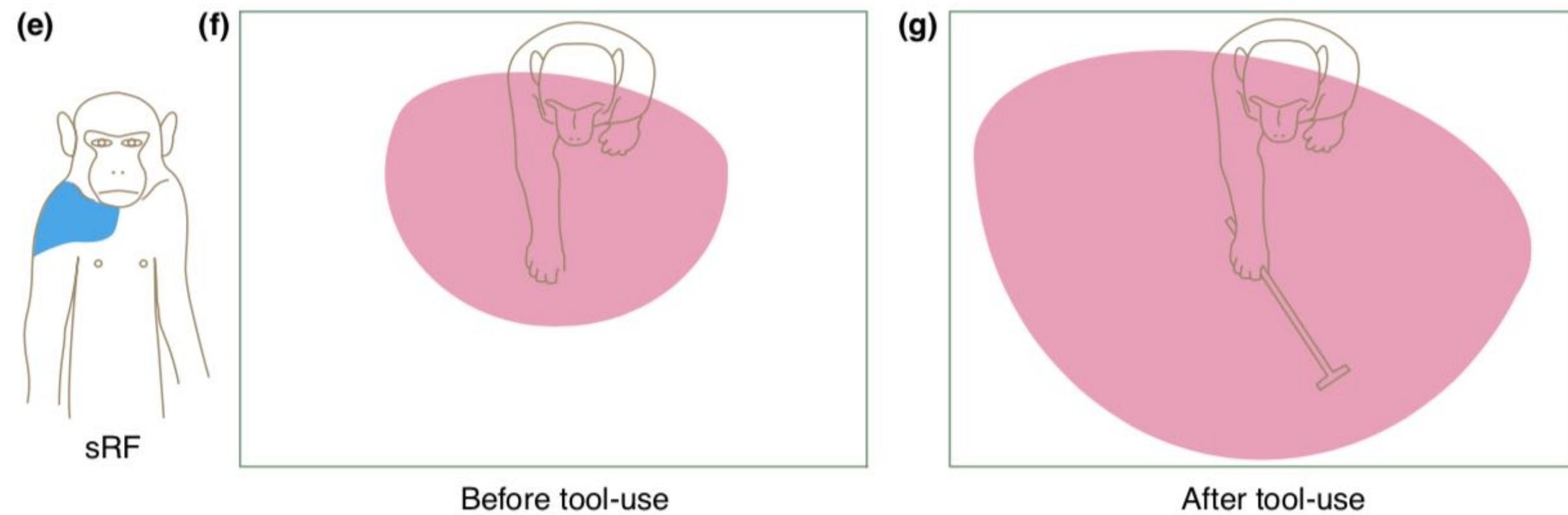
“When in use, a tool is a sort of extension of the hand, almost an attachment to it or a part of the user's own body”

Tool use redefines the body schema

Distal-type neurons



Proximal-type neurons



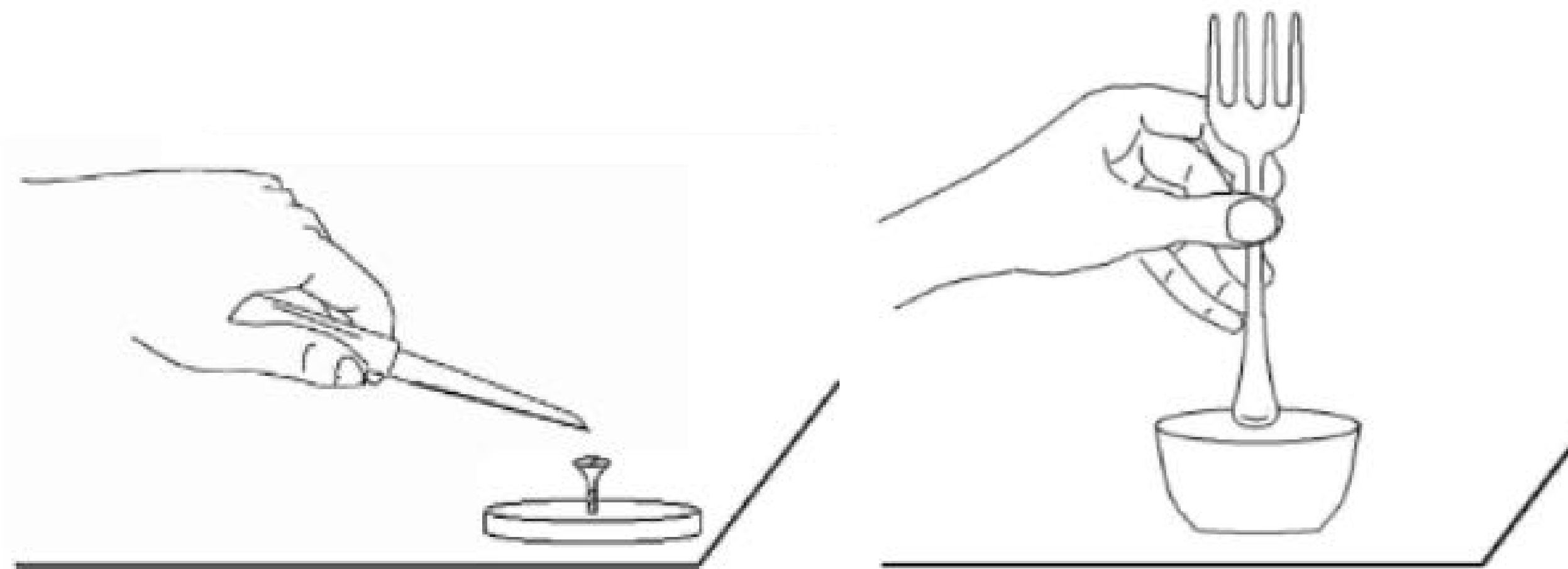
Iriki, A. et al. (1996) **Coding of modified body schema during tool use by macaque postcentral neurones.** *Neuroreport* 7, 2325–2330.

Technical reasoning

François Osiurak

Use of objects as tools based on their properties and abstract technical principles

Simulation of the physical mechanism to solve a problem





Appropriation of
everyday objects
as tools

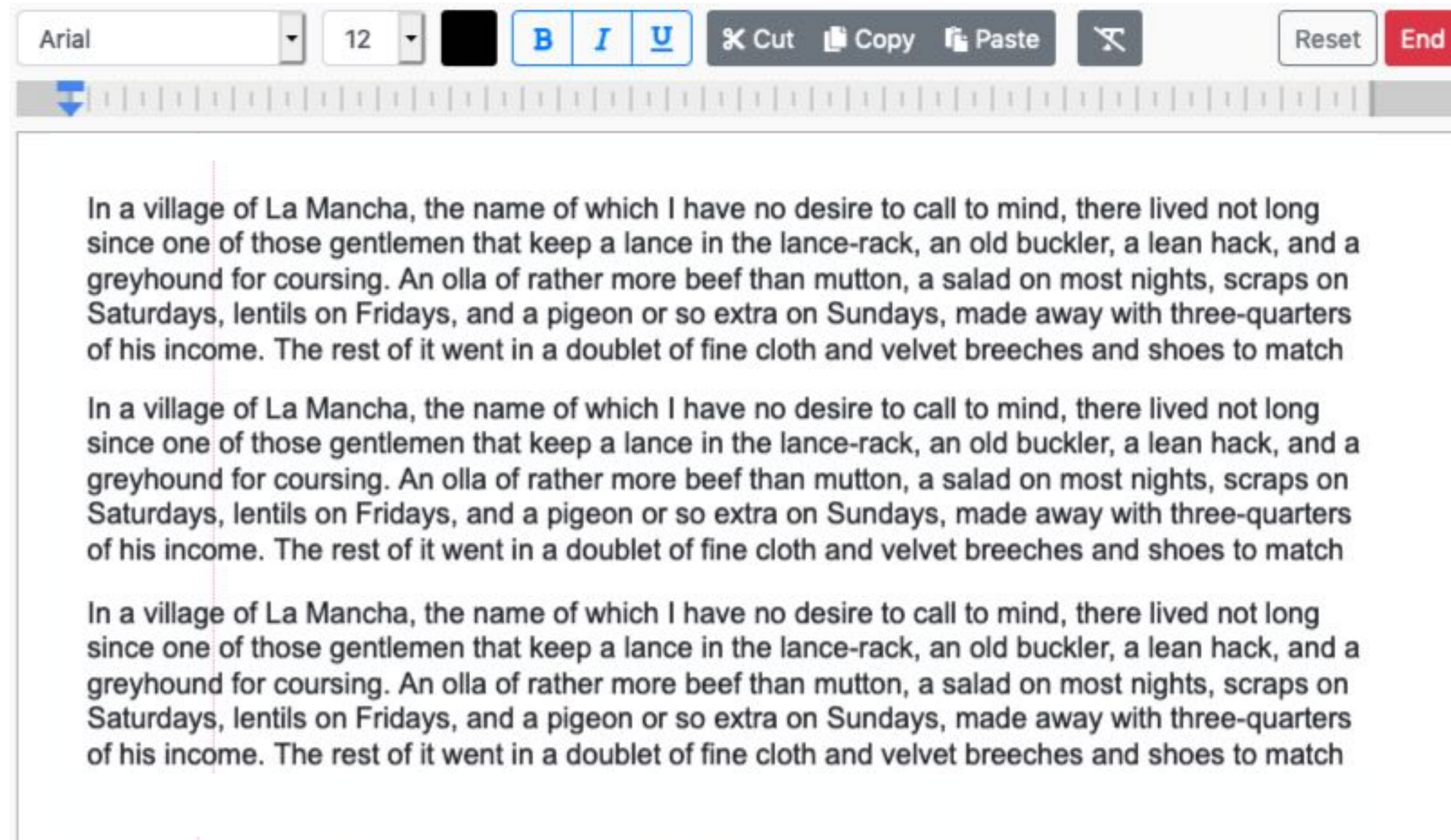
Is technical
reasoning
at play when
we interact
with digital tools?

Exploring Technical Reasoning
in Digital Tool Use

Interaction Knowledge: Understanding
the 'Mechanics' of Digital Tools

*Renom, Caramiaux & Beaudouin-Lafon,
CHI 22 & CHI 23*

Exercise #2



In a village of La Mancha, the name of which I have no desire to call to mind, there lived not long since one of those gentlemen that keep a lance in the lance-rack, an old buckler, a lean hack, and a greyhound for coursing. An olla of rather more beef than mutton, a salad on most nights, scraps on Saturdays, lentils on Fridays, and a pigeon or so extra on Sundays, made away with three-quarters of his income. The rest of it went in a doublet of fine cloth and velvet breeches and shoes to match

Open a document in a word processor
(Microsoft Word, Apple Pages, Google doc...).

Paste or type a short paragraph of text,
and make 6 copies of it.

Indent the first line of the first paragraph.

Then indent the first line of the second paragraph
with a different method than for the first one.

Then try again with the third paragraph, etc.

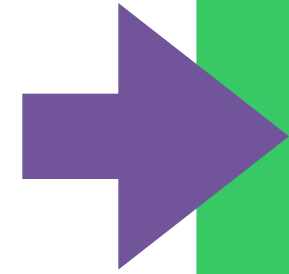
Affordances

Perceptual
learning

Technical
reasoning

Instrumental Interaction

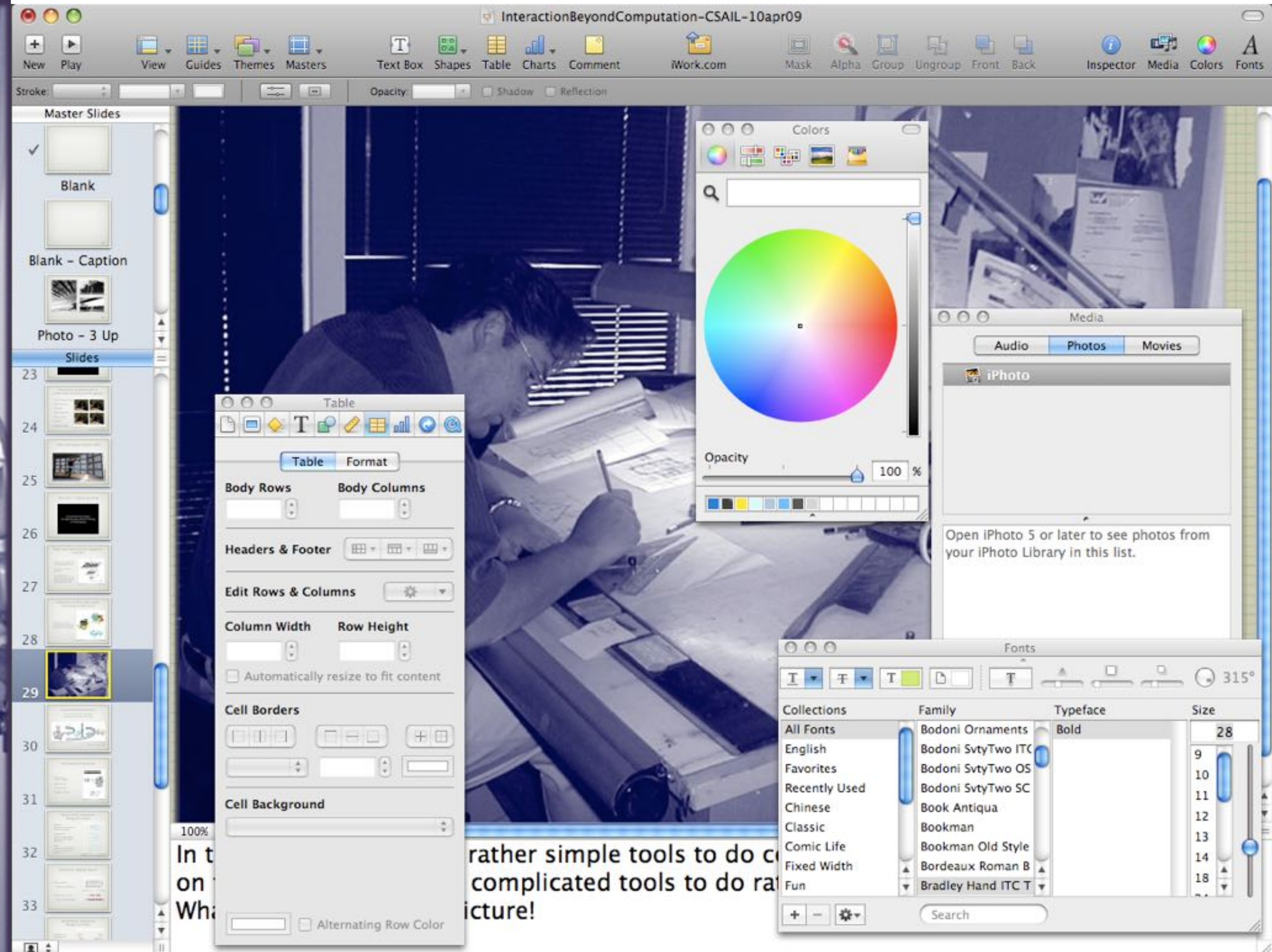
Concepts: Objects, Substrates, Instruments



Physical interaction



Digital interaction



rather simple tools to do complicated things
rather complicated tools to do rather simple things

Digital objects

The objects of interest
to the user

Described by their
properties
representations

The same object may have
multiple representations

Substrate

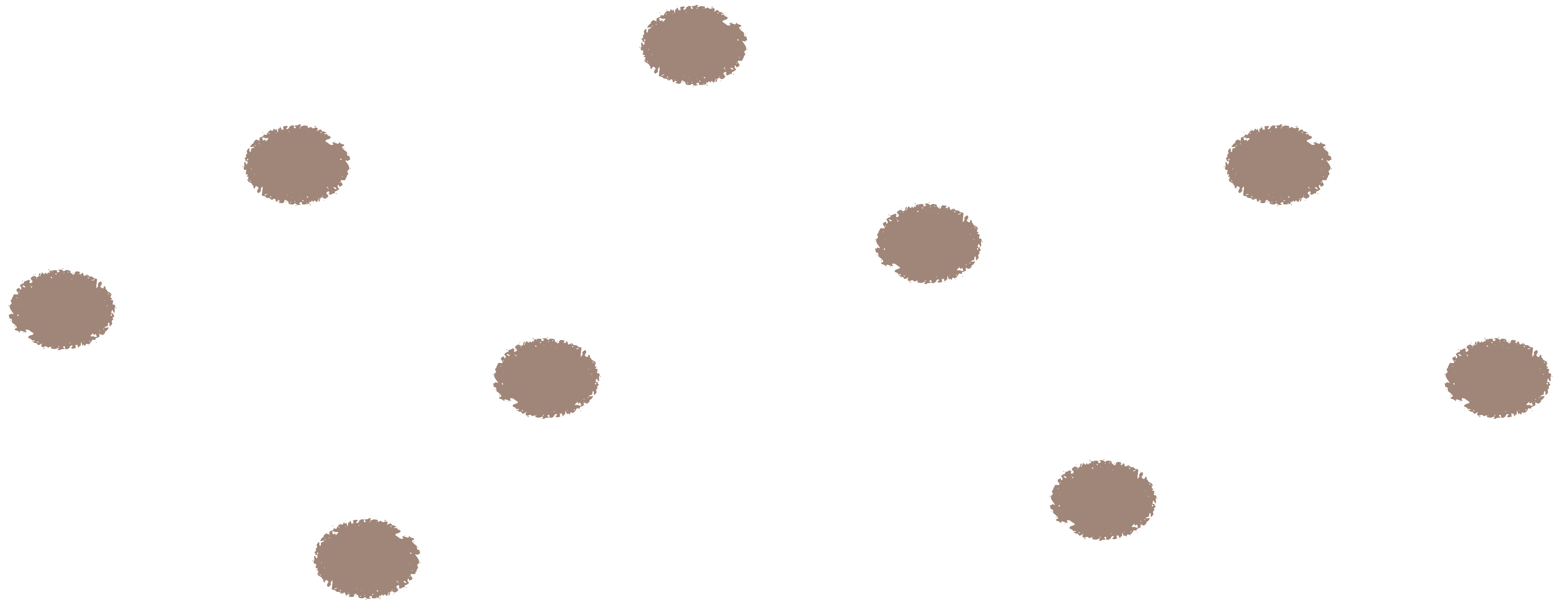
The context (or container) for the objects of interest

Gives meaning to their content

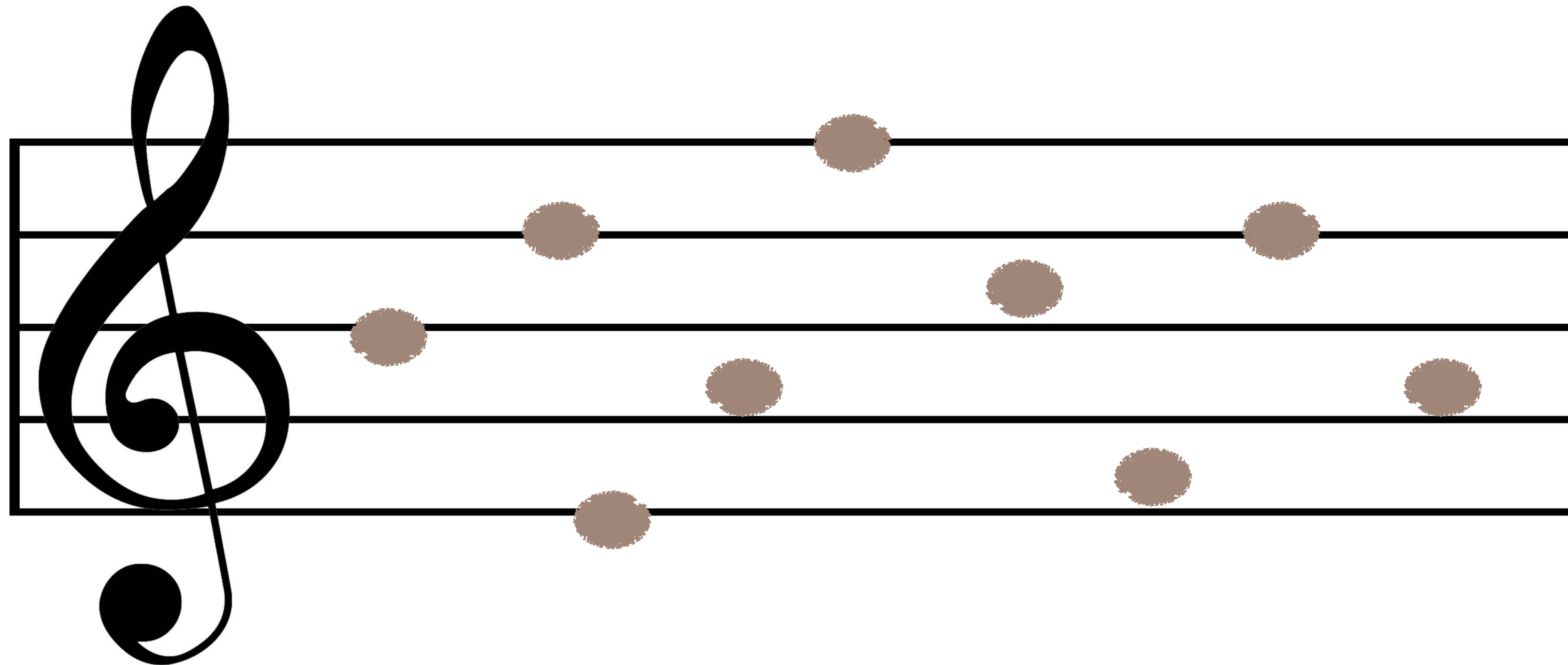
May impose constraints and relationships on the content

Substrates are themselves objects, and can be contained in other substrates

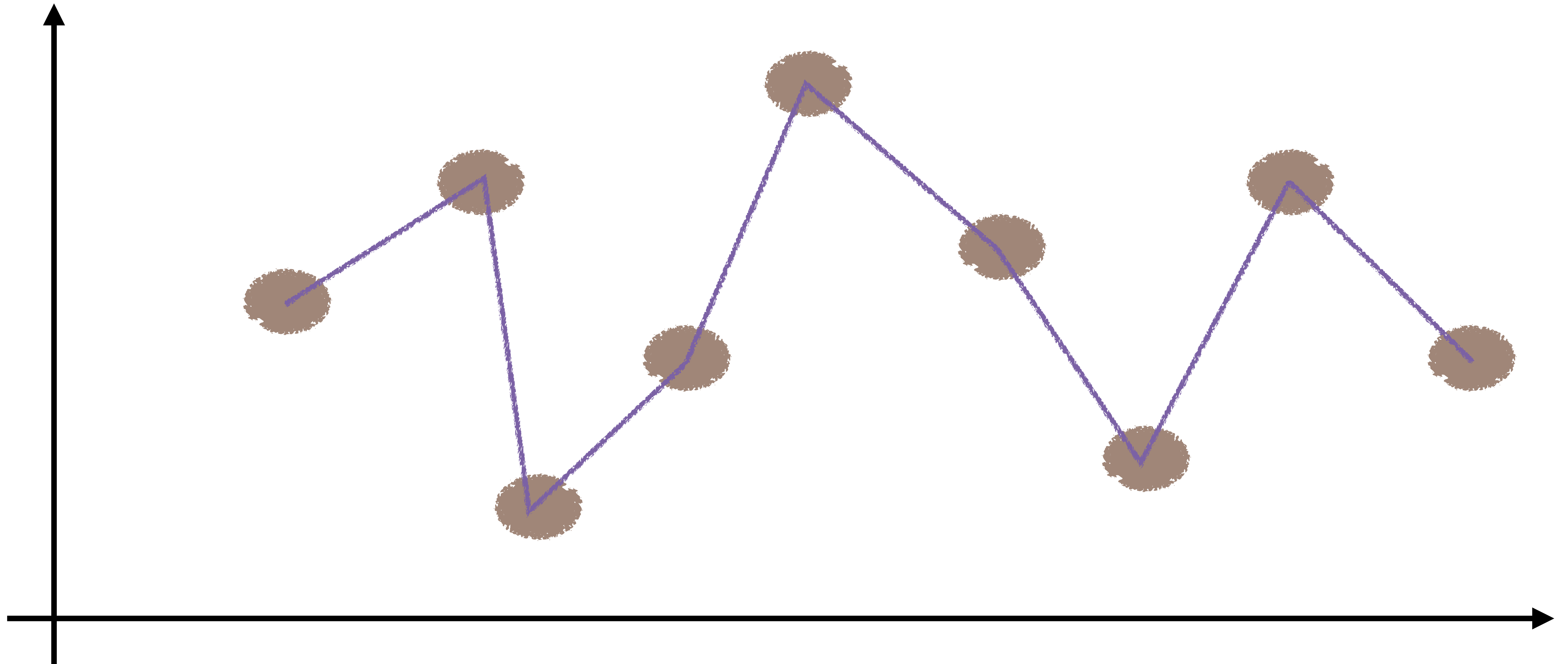
Substrates give meaning



Substrates give meaning



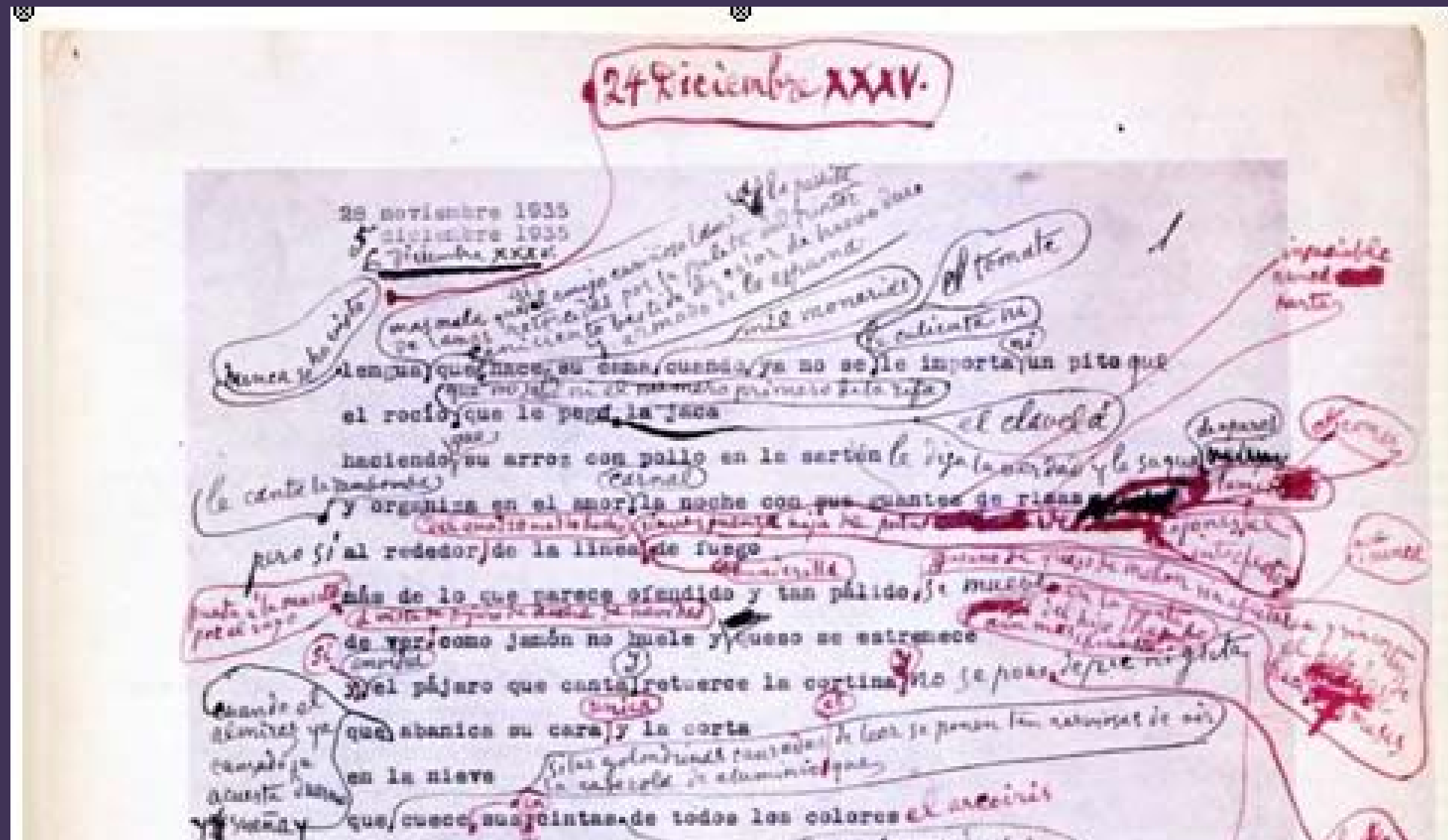
Substrates give meaning



Substrates give meaning

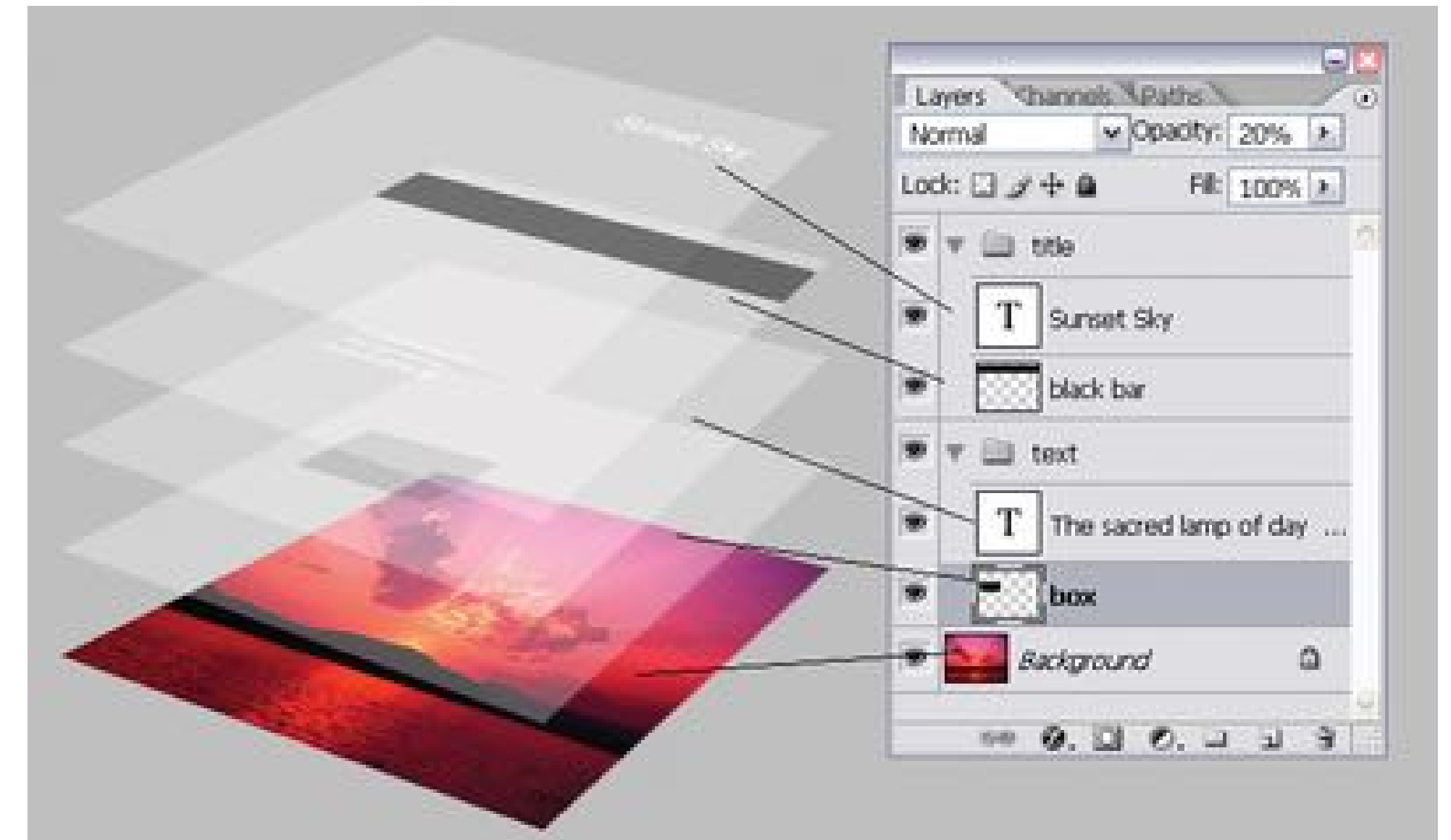


Physical substrates



Digital substrates

	B	C	D	E	F	G
2	OTBT Rzpsmr	OTBT N/B	Tsct OTBT NB			
3	11434	64037	200000			
4	gd cslcmletm					
5	Tgtsl bsz yziszg mmtmOz	BzTgrz 12 O	R/Onth -1	R/Onth -2	R/Onth -3	
6	1412	11.97	1400	0	0	10
7	306	4.36	0	2	23	6
8	272	4.01	0	1	15	5
9	0	#DIV/0!	0	0	0	0
10	34	7.10	0	1	0	1
11						
12		Rzpsmr mssgz	Rzpsmr pggmlstm			
13	Tgtsl Rzpsmr	Rzpsmrzd DOs	Rzpsmrzd Wsr	NgrOsl Rzpsmr	Tgtsl-Rzpsmr	Rzpsmr chrgz
14	306	2	40	264	0	0.27
15	% cmrrznt mnstslldz bsz s	Tmtmrz sslz	nd dztgrmstmgn			
16	Argdmct NsOz	ytlyz NsOz	Rzvmzw_Dstz	Ognth's-ctmvz	mtmrz mmtmOz	Yzsr 1
17	zhmOmdmTmzr	sB6065903CT	25/06/90	76.8	27	1
18		Ognth/dsy/yzsr				
19	Dy Asrt NmObzr	yzt-map_Dstz	ytsndsr_dcgst	Ognthly mssgz	Ognth's-mssgz	tsl Tmtmrz nzsd
20	43588136-002	1/02/92	675.92	9.7	116.4	173
21						

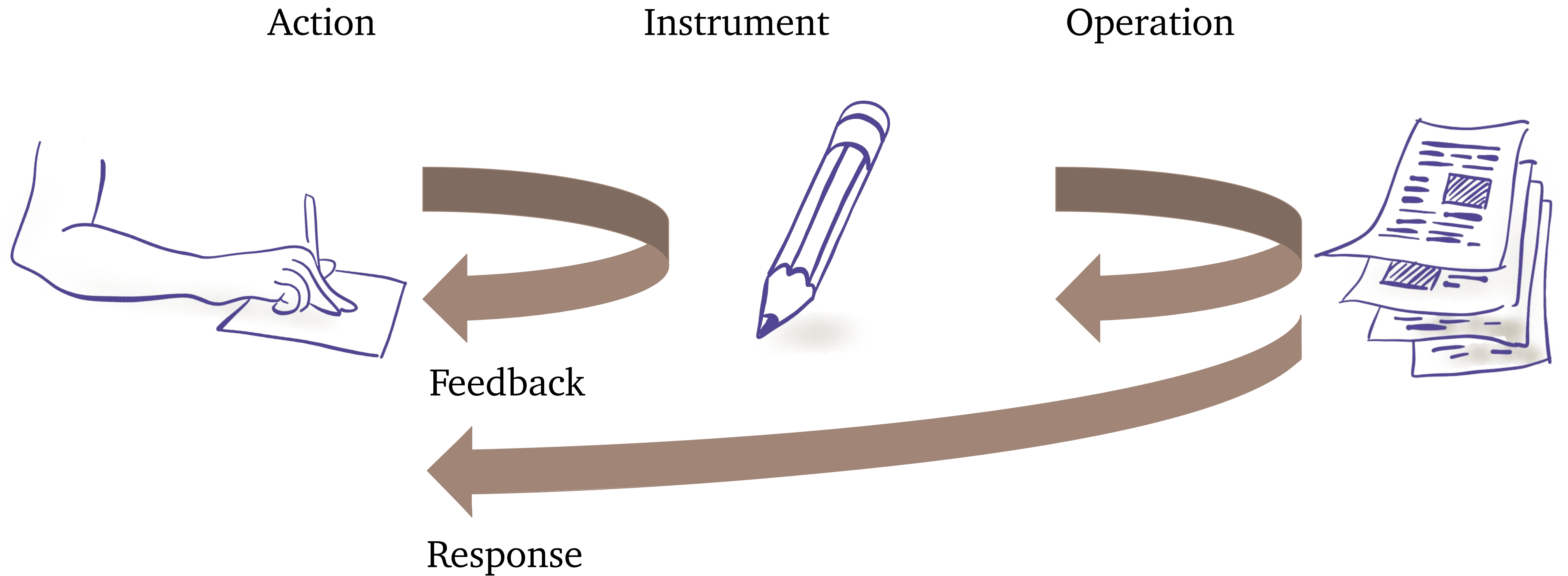


Instrument

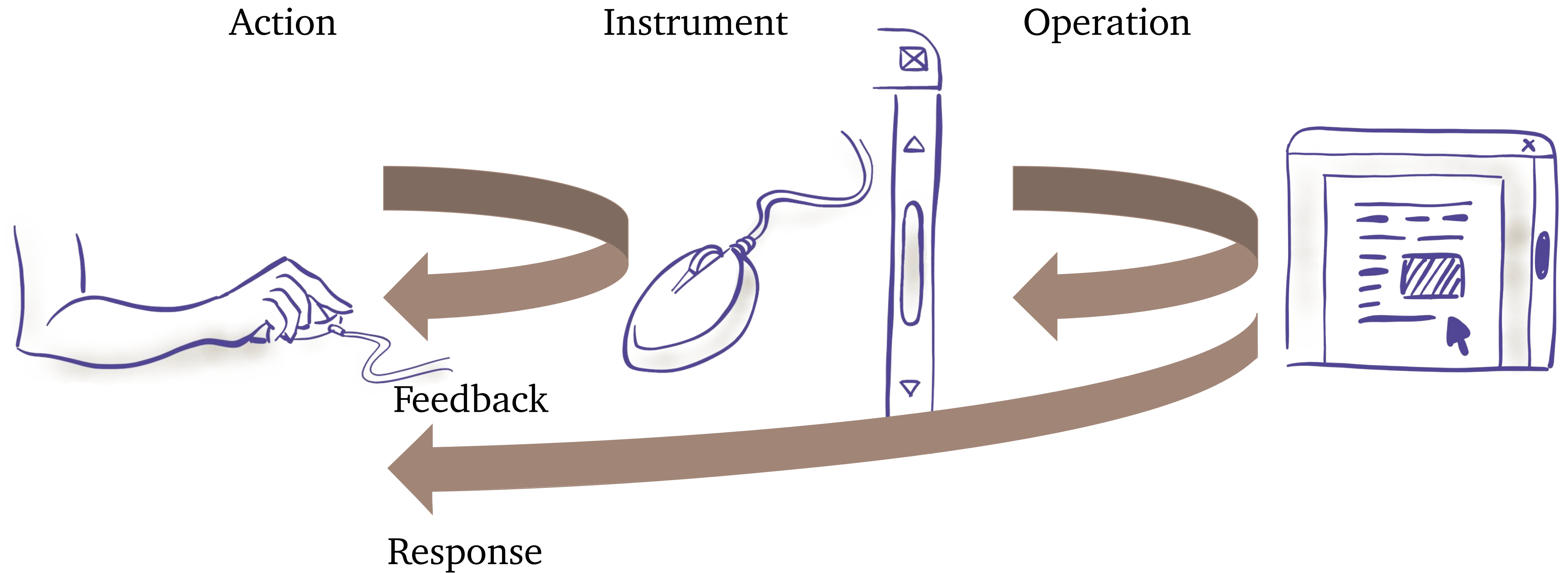
The means by which one manipulates digital objects and substrates

Shift from “indirect” manipulation through menus and buttons to interaction through digital tools/instruments

Instrumental interaction



Instrumental interaction



Instrument

Interacts with objects
within a substrate

Interacts with a substrate

Interacts with the relationships
among objects in a substrate

Can create/delete/change
properties of substrates,
objects, relationships,
... and other instruments

Affordances

Perceptual
learning

Technical
reasoning

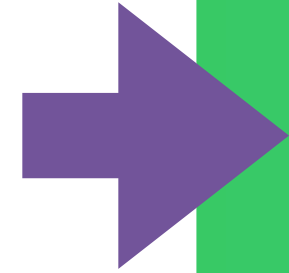
Instrumental Interaction

Concepts: Objects, Substrates, Instruments

Reification

Polymorphism

Reuse



Generative principles

Reification

Transform abstractions into objects

Polymorphism

Make objects more generic

Reuse

Reuse objects and actions

Reification

Transform abstractions into objects that can be manipulated by users

Identify the objects of interest

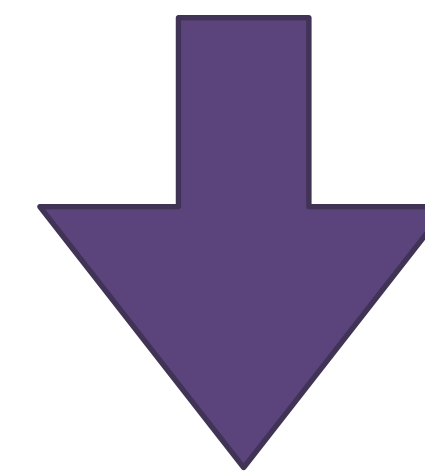
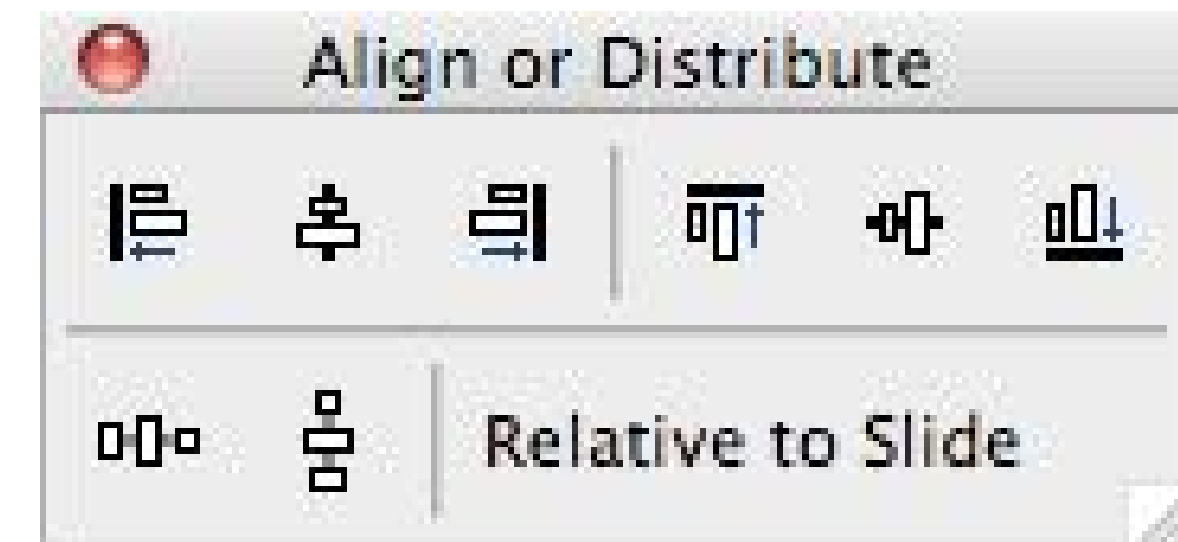
Turn commands into instruments

Turn relationships into substrates

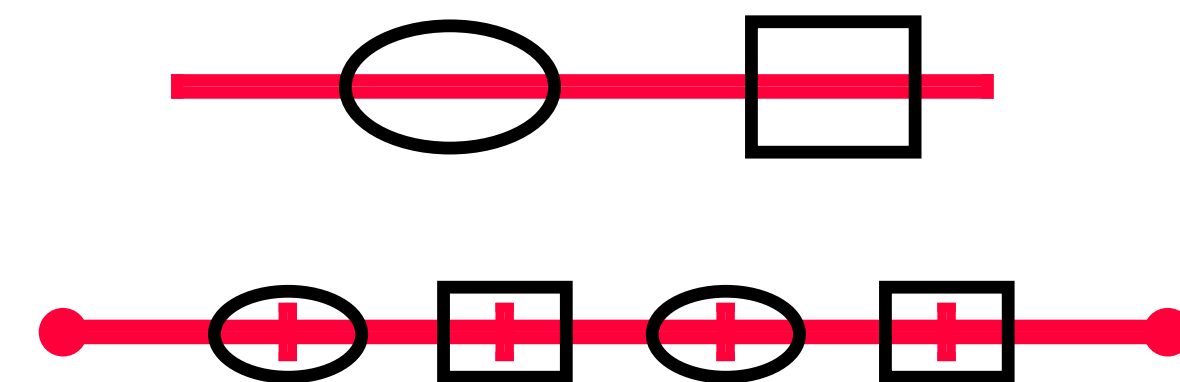
Reification

Example: alignment

Command



Instrument



Polymorphism

Make objects more generic

Manipulate objects based on their properties rather than their type

Make instruments work with objects of different types (based on their properties)

Make substrates hold objects of different types and relationships work with the properties of objects

Polymorphism

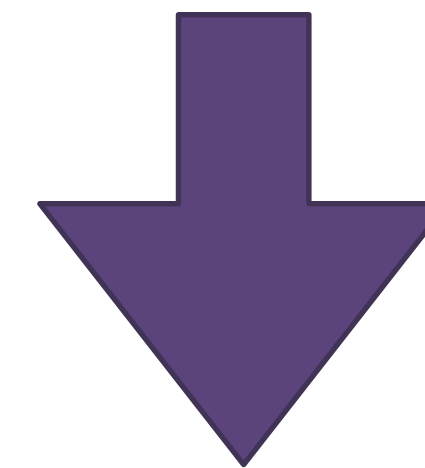
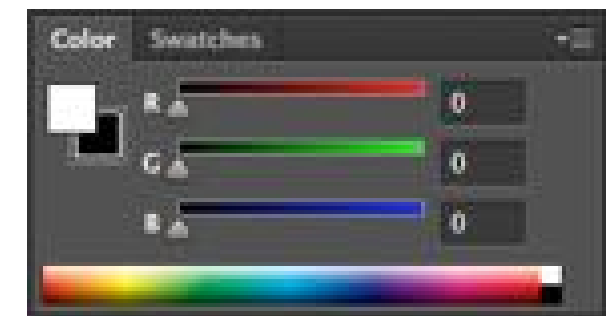
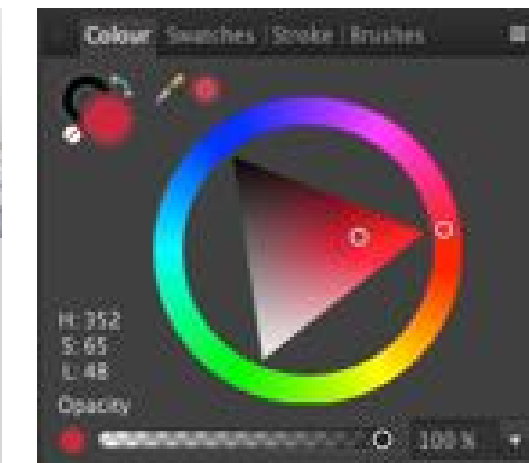
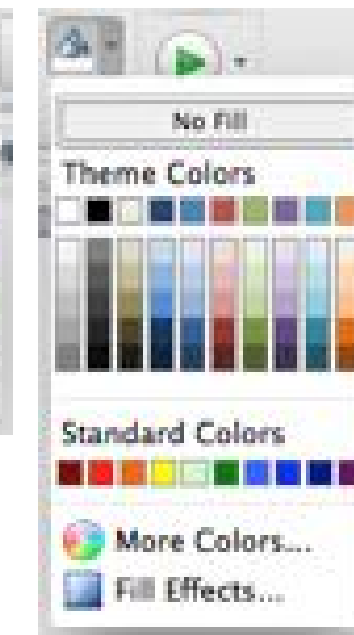
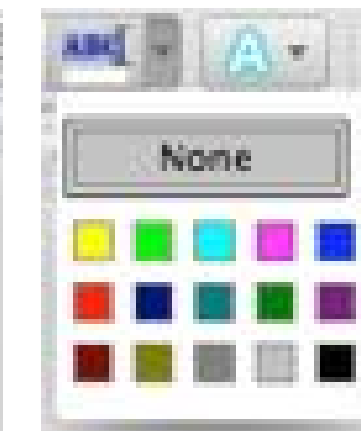
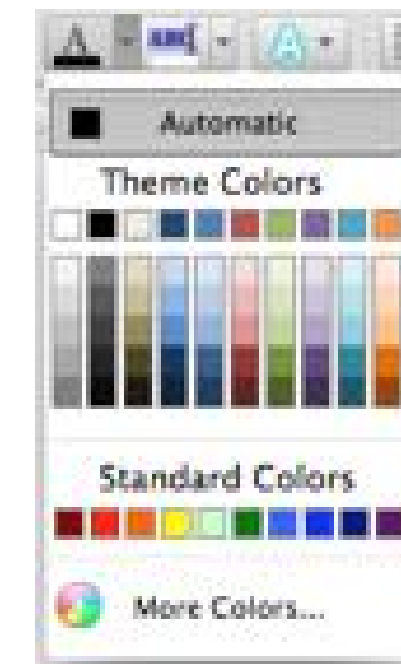
Example: color picker

Highlight

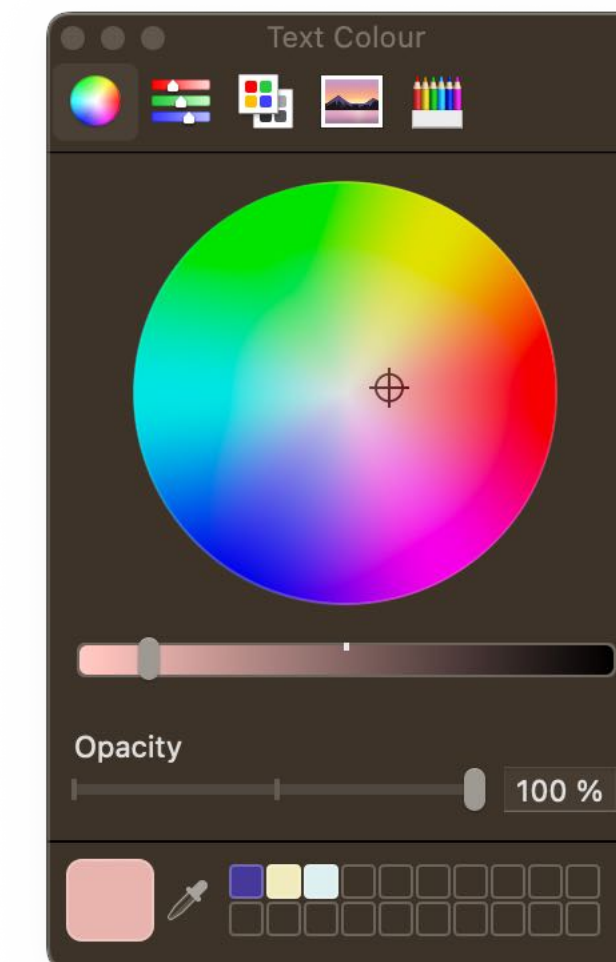
Fill

Brush

Border



Same color tool for all



Reuse

Reuse objects and actions

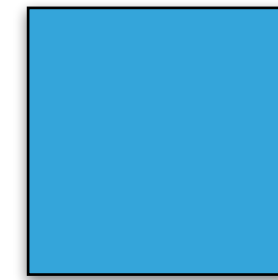
Objects can be reused and modified

Relationships can be reused and modified

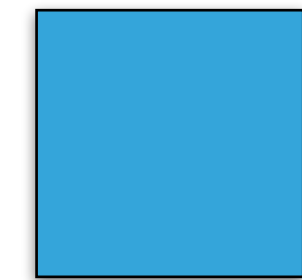
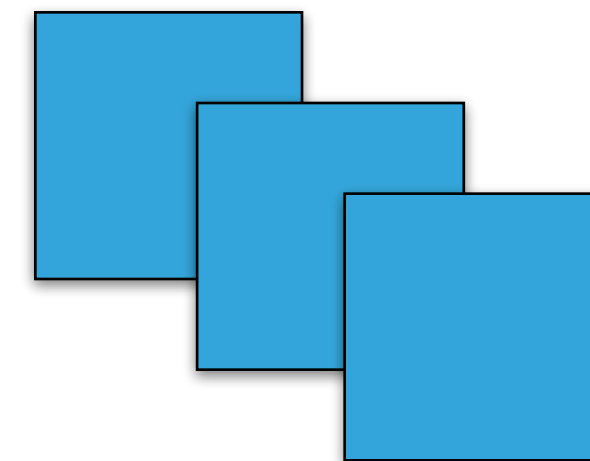
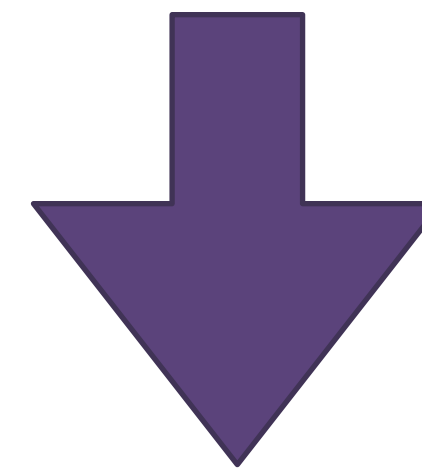
Actions can be reused and modified

Reuse

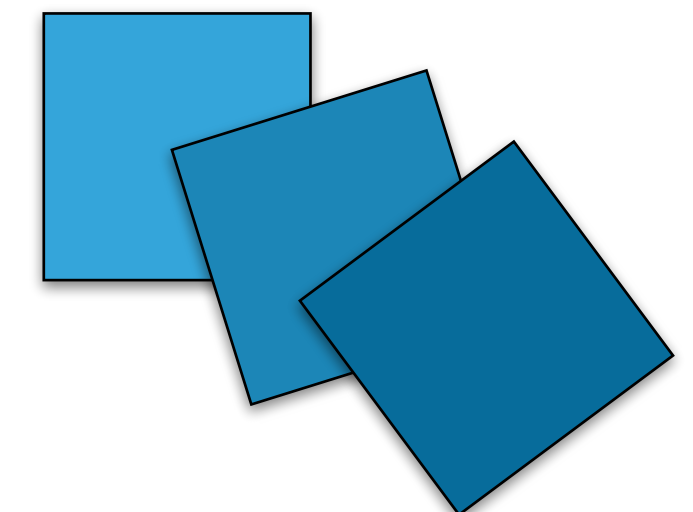
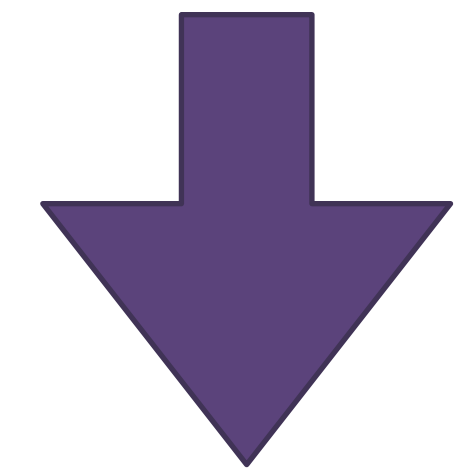
Example: create shapes



Copy-paste
Duplicate



Rotate
Rotate again



Principles work together

Reification



Extend the notion of what constitutes an object

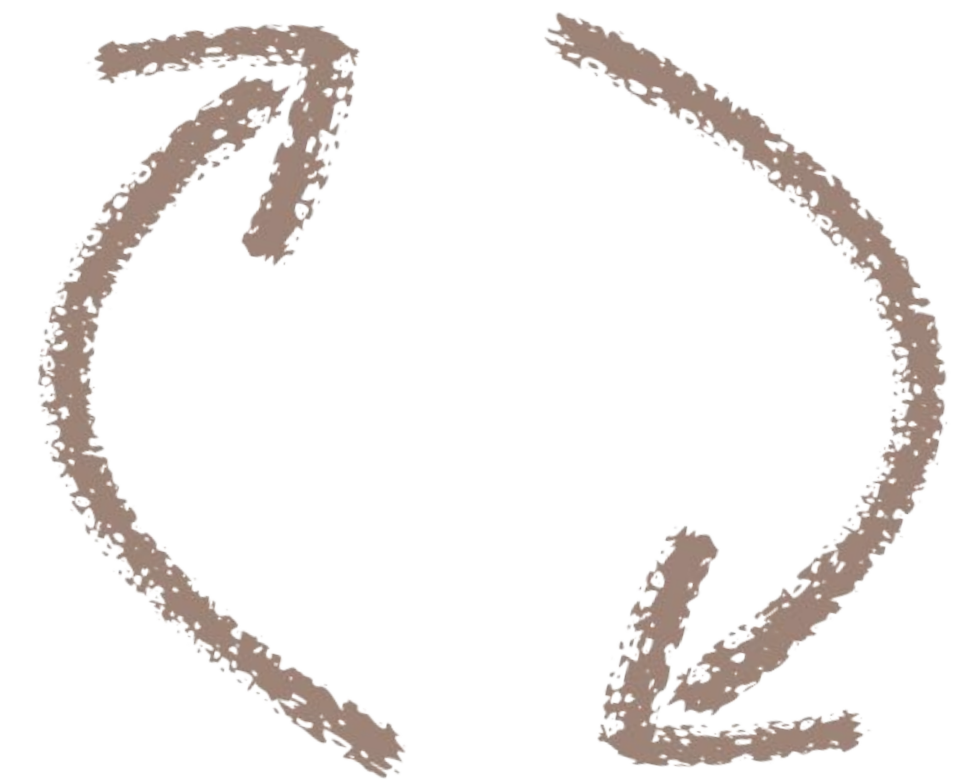
Polymorphism



Handle multiple types of objects

Reuse

Three design principles



Capture and reuse previous interactions

Instruments: input focus

Transform command input
into an interactive tool

Substrates: output focus

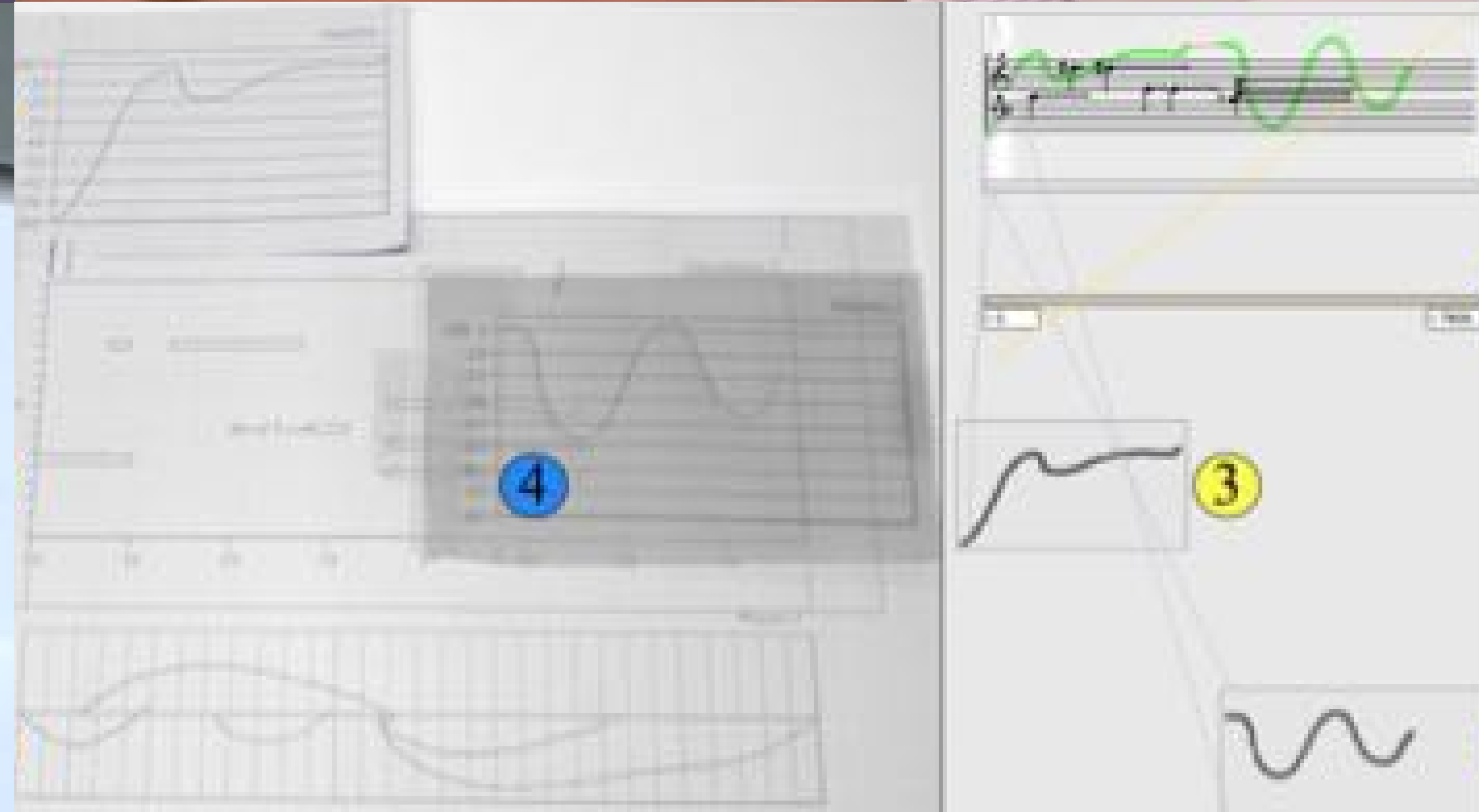
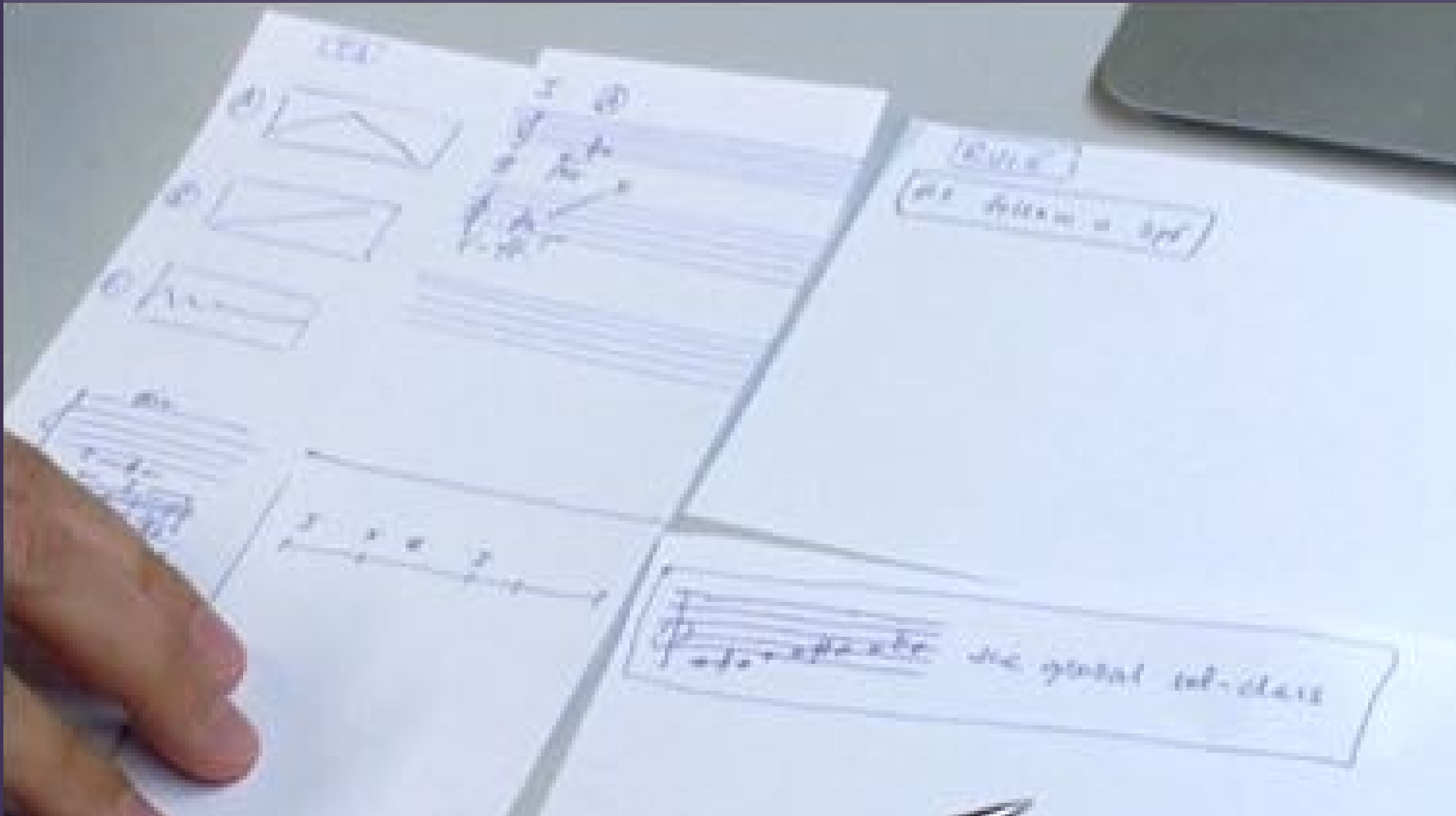
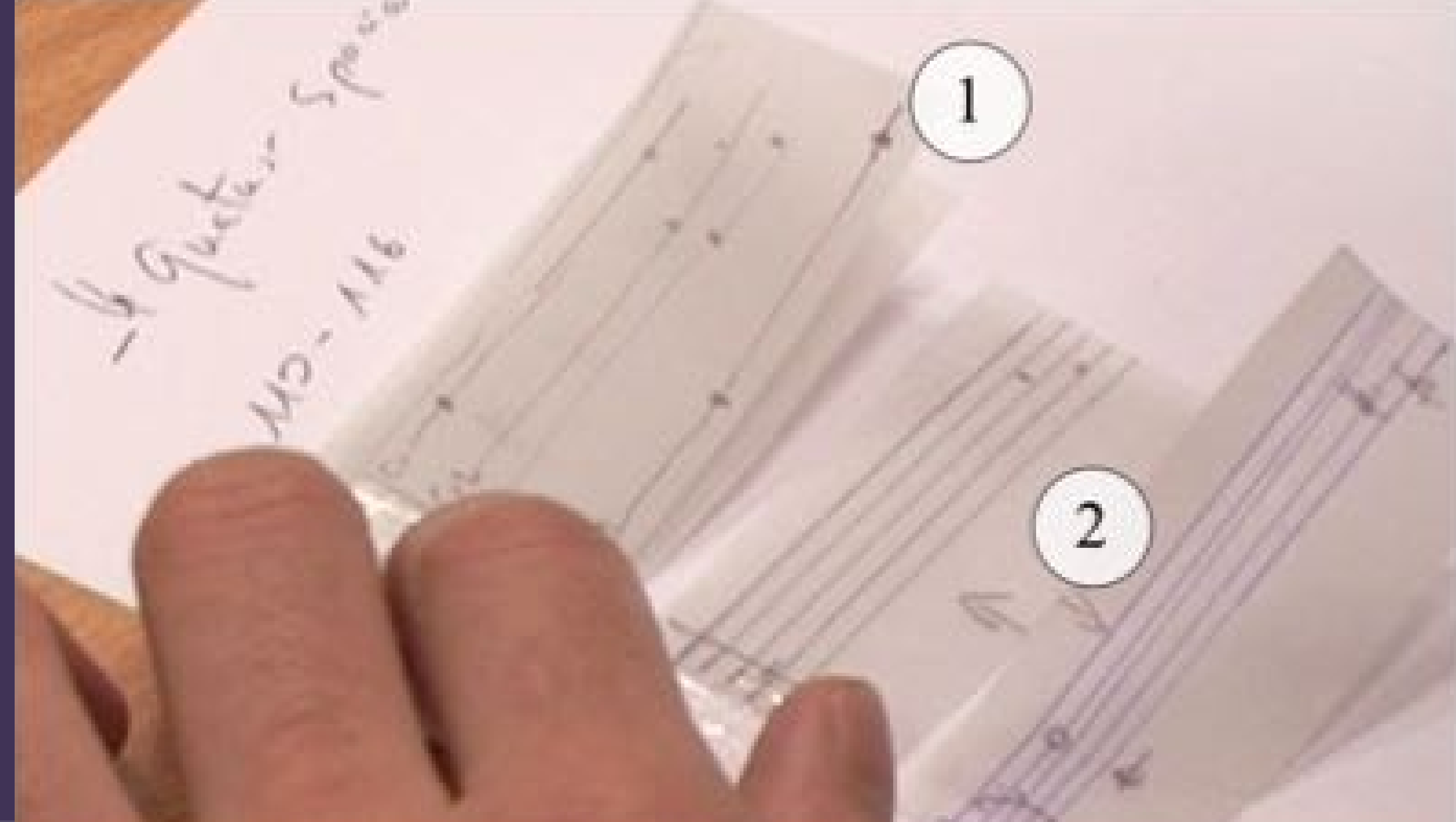
Preserve output relationships
to form an interactive structure

	Instrument	Substrate
Reification	Turn commands into objects that become instruments	Turn relationships into objects that become substrates
Polymorphism	Operate on multiple types of objects	Maintain multiple types of relationships
Reuse	Make previous command input available for reuse	Make results of previous commands available for reuse

Examples

Paper substrates

Support the music composition process by combining and interpreting notations in various ways

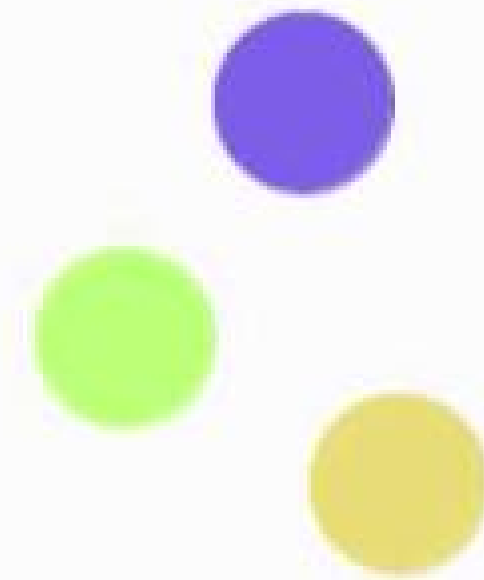
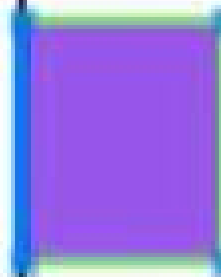
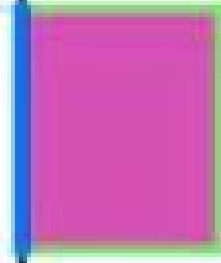
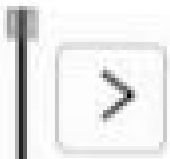
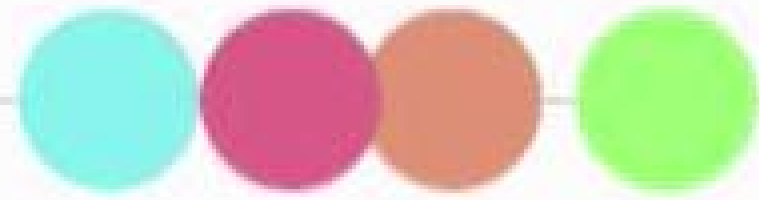
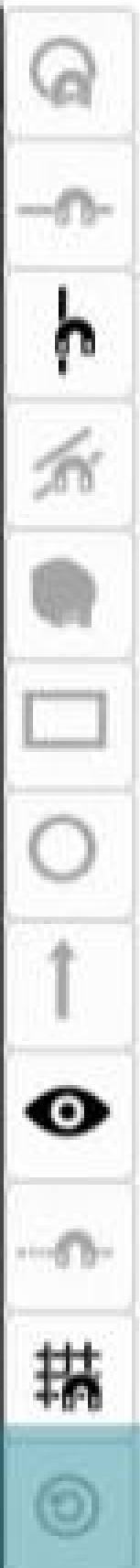


A handwritten musical score on a white background, featuring three staves. The score is divided into two systems by a vertical bar line. The first system contains the first two staves, and the second system contains the last two staves. The notation includes various musical symbols such as notes, rests, and dynamic markings. Handwritten annotations in blue and red ink are present throughout the score. In the first system, a blue arrow points to a note on the top staff, and a blue squiggle is drawn over a group of notes. In the second system, a blue arrow points to a note on the bottom staff, and a blue squiggle is drawn over a group of notes. A blue box with the number '2' is drawn around a note on the middle staff. A red dashed line encloses a section of the bottom staff, with the text '(viol...)' written inside. A blue circle with the letter 'r' is drawn around a note on the bottom staff. The dynamic markings 'mp' and 'mf' are visible on the staves.

textual & numerical elements

Prototype demonstrating a simple scenario:

Working on a piece for piano and electronics



**aligning an object
to more than one
StickyLine**

Generative principles in StickyLines

Reification

Alignment becomes a StickyLine

Polymorphism

StickyLines align text, icons, shapes

Reuse

StickyLines remember alignment

Introducing Textlets



ABSTRACT

Writing technical documents frequently requires following constraints and consistently using domain-specific terms. We interviewed 12 legal professionals and found that they all use a standard word processor, but must rely on their memory to manage dependencies and maintain consistent vocabulary within their documents.

We introduce Textlets, interactive objects that reify text selections into persistent items. We show how Textlets help manage consistency and constraints within the document, including selective search and replace, word count, and alternative wording.

Eight participants tested a search-and-replace Textlet as a technology probe. All successfully interacted directly with the Textlet to perform advanced tasks; and most (6/8) spontaneously generated a novel replace-all-then-correct strategy. Participants suggested additional ideas, such as supporting collaborative editing over time by embedding a Textlet into the document to flag forbidden words.

We argue that Textlets serve as a generative concept for creating powerful new tools for document editing.

Han, Renom, Mackay, Beaudouin-Lafon

Textlets

Create Basic Textlet

12 legal professionals

Textlets

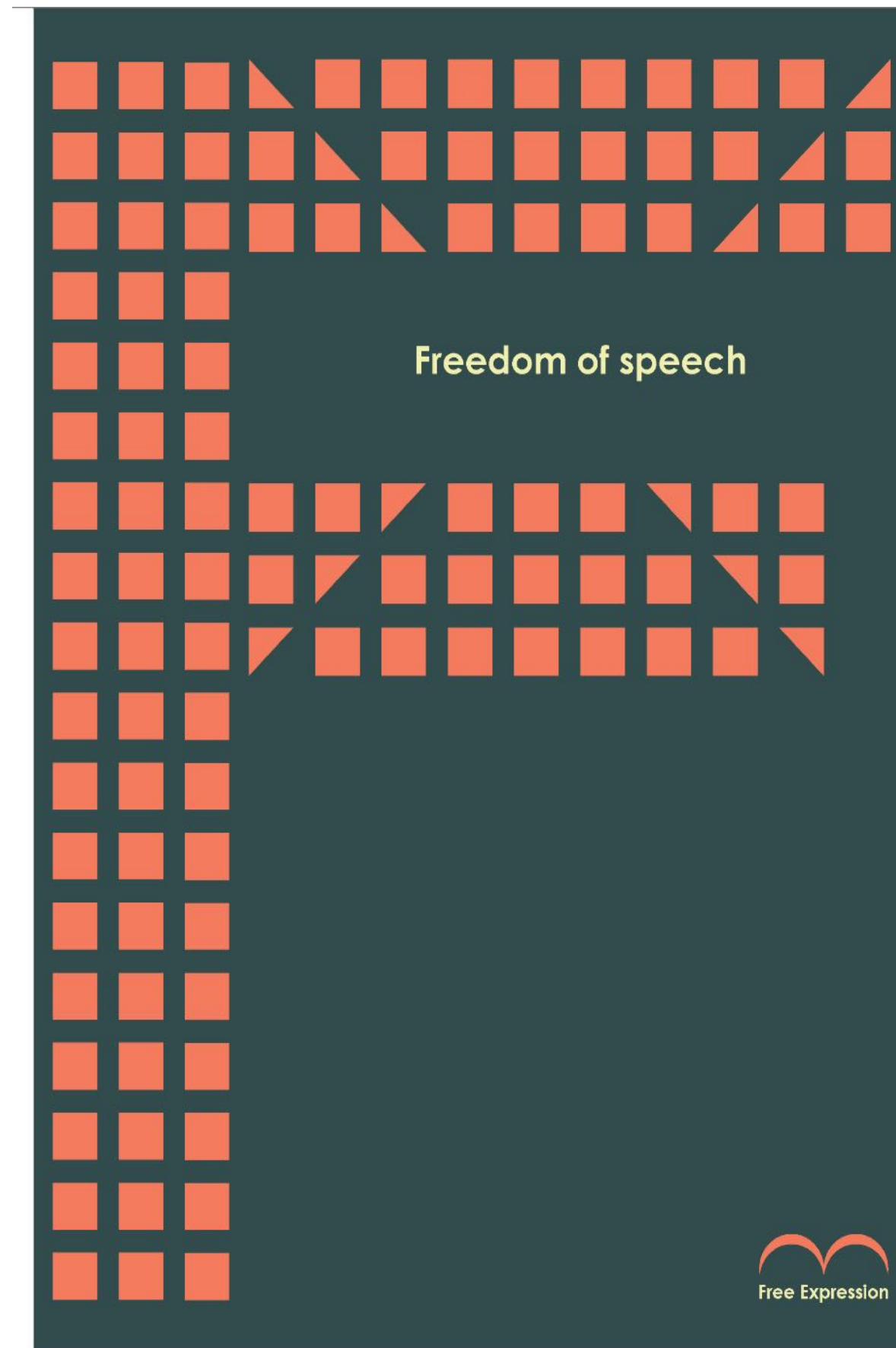
technology probe

Object-Oriented Drawing (OOD)

Exercise #3

Graphical objects as tools

Recreate this
drawing



Homework exercise

Exercise #3

Graphical objects as tools

You may use:

create, delete,
copy, paste,
move, resize,
apply color
shapes, text



Homework exercise

Exercise #3

Graphical objects as tools

You may not use
dedicated tools,
such as:

- “align”
- “distribute”
- “rotate”

Only use circles,
squares and
triangles

No special shapes



Homework exercise

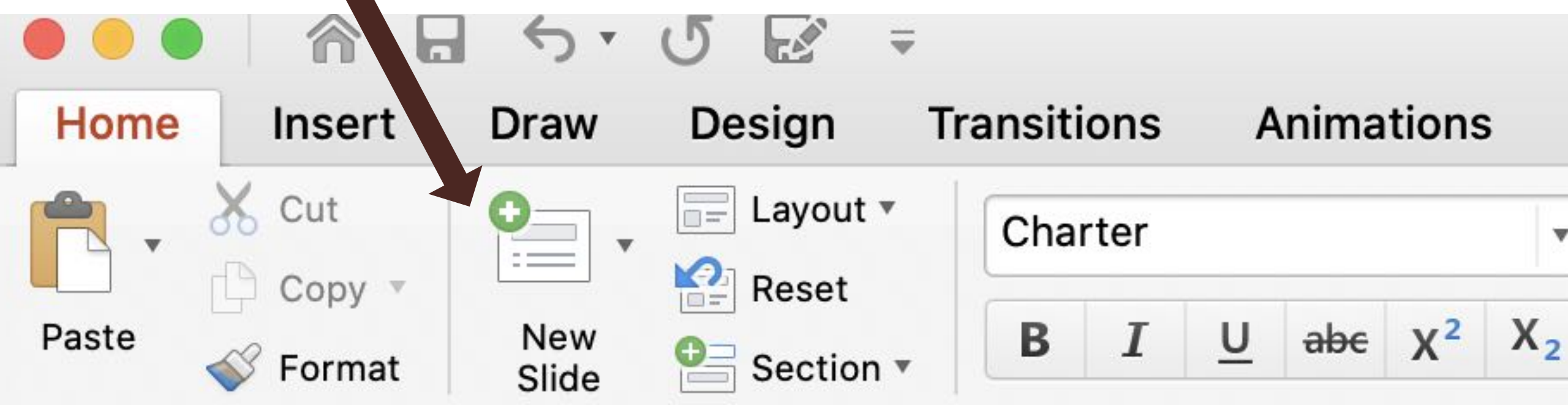
Exercise #4

Finding digital tools

Open a 'creative' application such as Word, Figma, InDesign, or Illustrator.

Take a screenshot of a toolbar.
Count, label and describe each tool.

Create a
new slide



Homework

Exercise #5

Cross-application tools

Group exercise (15 + 15 minutes)

1. Find tools that are used **across multiple applications**. For each tool:
 - How similar / dissimilar are they?
 - What do they reify?
 - Are they polymorphic?
 - Are they reusable?
2. Find tools that exist **in only one application**. For each tool:
 - How could it be used in another application?

Class
exercise



Summary

Instrumental interaction takes advantage of humans' abilities to interact through tools and to appropriate objects as tools

Substrates create a form of “digital matter” for which the designer can create “laws of information”, like the laws of physics in the physical world

Instruments let users manipulate this matter

Reification, polymorphism and reuse are generative principles that help analyze, critique and generate interactive systems

